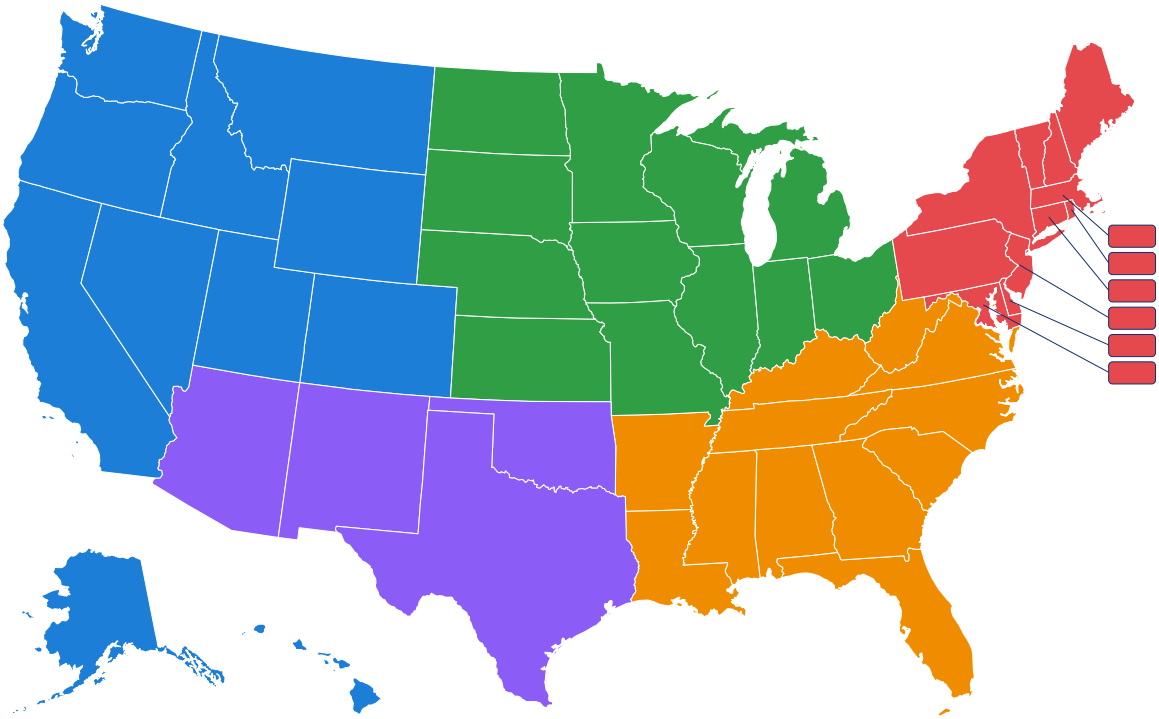
Grades 3–5 · Printable Workbook

States Calling

50 States & Capitals





Learn all 50 states, their capitals and the 5 regions with **Scout the Eagle!**

Name: _____



How to use this workbook

A guide for students, parents and teachers

For students

- Do **one region at a time**. Start with the Northeast.
- For each state, fill in its **study page**. Find the answers in the **State facts at a glance** pages or on the state's fact card in the States Calling app.
- **Draw** the state bird and the state flower in the boxes.
- Practice with the maps, matching pages, word searches and crosswords.
- Cut out the **flashcards** and test yourself every day.
- Take the **quiz**, then check your answers in the answer key.
- Color in a box on your **progress checklist** for each state you know.

For parents and teachers

- Print the pages you need, single-sided. The study pages work well in a binder.
- Pair the workbook with the app: listen to the region tour, explore the fact cards, then complete the study pages.
- Suggested pace: one region a week, or 2–3 state pages a day.
- Flashcards: print on card stock, cut on the solid lines and fold on the dashed line.
- The answer key starts on page 86.
- Regions follow a common 5-region model (Northeast, Southeast, Midwest, Southwest, West).

Contents

A map of the 5 regions	3
State facts at a glance	4
50 state study pages (A–Z)	6
Map practice: label the USA and the regions	56
Capitals matching	62
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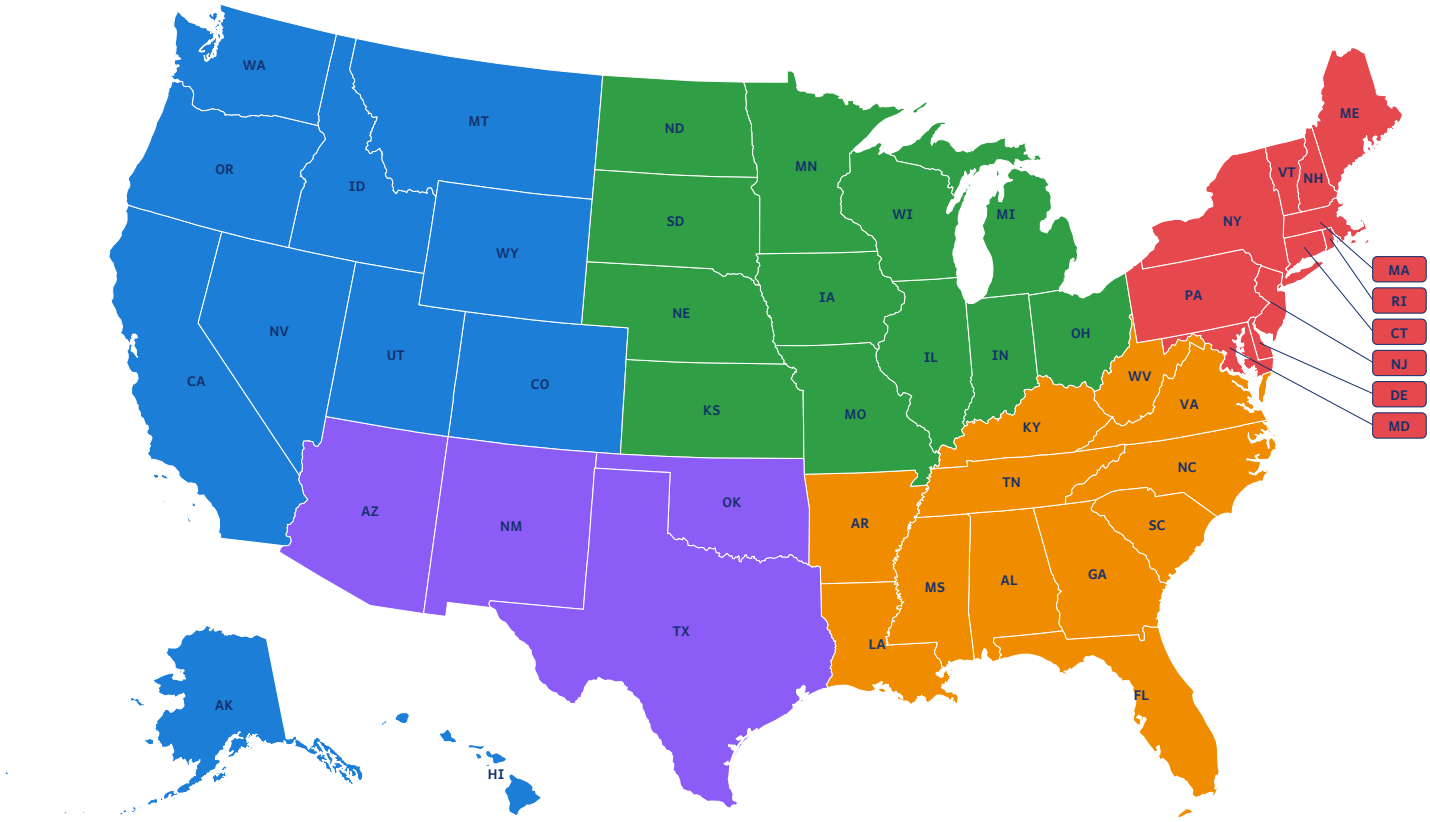


Hi! I'm **Scout the Eagle**. I can't wait to explore all 50 states with you. Let's start our trip across the USA!

Richard Sim ©

The 5 Regions of the United States

Each color is a region



The states in each region

Northeast (11) Connecticut, Delaware, Maine, Maryland, Massachusetts, New Hampshire, New Jersey, New York, Pennsylvania, Rhode Island, Vermont

Southeast (12) Alabama, Arkansas, Florida, Georgia, Kentucky, Louisiana, Mississippi, North Carolina, South Carolina, Tennessee, Virginia, West Virginia

Midwest (12) Illinois, Indiana, Iowa, Kansas, Michigan, Minnesota, Missouri, Nebraska, North Dakota, Ohio, South Dakota, Wisconsin

Southwest (4) Arizona, New Mexico, Oklahoma, Texas

West (11) Alaska, California, Colorado, Hawaii, Idaho, Montana, Nevada, Oregon, Utah, Washington, Wyoming

Alaska and Hawaii are shown in boxes and are not drawn to scale. The small boxes on the right are for the small northeastern states.

Richard Sim ©



State facts at a glance

Part 1 of 2 · use this to fill in your study pages

State	Abbr.	Capital	Region	Nickname	Statehood	Largest city
Alabama	AL	Montgomery	Southeast	Yellowhammer State	1819 (22nd)	Huntsville
Alaska	AK	Juneau	West	The Last Frontier	1959 (49th)	Anchorage
Arizona	AZ	Phoenix	Southwest	Grand Canyon State	1912 (48th)	Phoenix
Arkansas	AR	Little Rock	Southeast	The Natural State	1836 (25th)	Little Rock
California	CA	Sacramento	West	Golden State	1850 (31st)	Los Angeles
Colorado	CO	Denver	West	Centennial State	1876 (38th)	Denver
Connecticut	CT	Hartford	Northeast	Constitution State	1788 (5th)	Bridgeport
Delaware	DE	Dover	Northeast	First State	1787 (1st)	Wilmington
Florida	FL	Tallahassee	Southeast	Sunshine State	1845 (27th)	Jacksonville
Georgia	GA	Atlanta	Southeast	Peach State	1788 (4th)	Atlanta
Hawaii	HI	Honolulu	West	Aloha State	1959 (50th)	Honolulu
Idaho	ID	Boise	West	Gem State	1890 (43rd)	Boise
Illinois	IL	Springfield	Midwest	Prairie State	1818 (21st)	Chicago
Indiana	IN	Indianapolis	Midwest	Hoosier State	1816 (19th)	Indianapolis
Iowa	IA	Des Moines	Midwest	Hawkeye State	1846 (29th)	Des Moines
Kansas	KS	Topeka	Midwest	Sunflower State	1861 (34th)	Wichita
Kentucky	KY	Frankfort	Southeast	Bluegrass State	1792 (15th)	Louisville
Louisiana	LA	Baton Rouge	Southeast	Pelican State	1812 (18th)	New Orleans
Maine	ME	Augusta	Northeast	Pine Tree State	1820 (23rd)	Portland
Maryland	MD	Annapolis	Northeast	Old Line State	1788 (7th)	Baltimore
Massachusetts	MA	Boston	Northeast	Bay State	1788 (6th)	Boston
Michigan	MI	Lansing	Midwest	Great Lakes State	1837 (26th)	Detroit
Minnesota	MN	Saint Paul	Midwest	North Star State	1858 (32nd)	Minneapolis
Mississippi	MS	Jackson	Southeast	Magnolia State	1817 (20th)	Jackson
Missouri	MO	Jefferson City	Midwest	Show-Me State	1821 (24th)	Kansas City



State facts at a glance

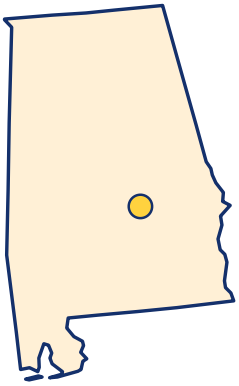
Part 2 of 2 · use this to fill in your study pages

State	Abbr.	Capital	Region	Nickname	Statehood	Largest city
Montana	MT	Helena	West	Treasure State	1889 (41st)	Billings
Nebraska	NE	Lincoln	Midwest	Cornhusker State	1867 (37th)	Omaha
Nevada	NV	Carson City	West	Silver State	1864 (36th)	Las Vegas
New Hampshire	NH	Concord	Northeast	Granite State	1788 (9th)	Manchester
New Jersey	NJ	Trenton	Northeast	Garden State	1787 (3rd)	Newark
New Mexico	NM	Santa Fe	Southwest	Land of Enchantment	1912 (47th)	Albuquerque
New York	NY	Albany	Northeast	Empire State	1788 (11th)	New York City
North Carolina	NC	Raleigh	Southeast	Tar Heel State	1789 (12th)	Charlotte
North Dakota	ND	Bismarck	Midwest	Peace Garden State	1889 (39th)	Fargo
Ohio	OH	Columbus	Midwest	Buckeye State	1803 (17th)	Columbus
Oklahoma	OK	Oklahoma City	Southwest	Sooner State	1907 (46th)	Oklahoma City
Oregon	OR	Salem	West	Beaver State	1859 (33rd)	Portland
Pennsylvania	PA	Harrisburg	Northeast	Keystone State	1787 (2nd)	Philadelphia
Rhode Island	RI	Providence	Northeast	Ocean State	1790 (13th)	Providence
South Carolina	SC	Columbia	Southeast	Palmetto State	1788 (8th)	Charleston
South Dakota	SD	Pierre	Midwest	Mount Rushmore State	1889 (40th)	Sioux Falls
Tennessee	TN	Nashville	Southeast	Volunteer State	1796 (16th)	Nashville
Texas	TX	Austin	Southwest	Lone Star State	1845 (28th)	Houston
Utah	UT	Salt Lake City	West	Beehive State	1896 (45th)	Salt Lake City
Vermont	VT	Montpelier	Northeast	Green Mountain State	1791 (14th)	Burlington
Virginia	VA	Richmond	Southeast	Old Dominion	1788 (10th)	Virginia Beach
Washington	WA	Olympia	West	Evergreen State	1889 (42nd)	Seattle
West Virginia	WV	Charleston	Southeast	Mountain State	1863 (35th)	Charleston
Wisconsin	WI	Madison	Midwest	Badger State	1848 (30th)	Milwaukee
Wyoming	WY	Cheyenne	West	Equality State	1890 (44th)	Cheyenne

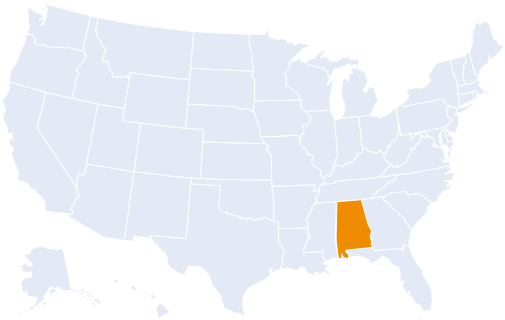
Alabama

State study page

Name: _____



● = the capital city



Where is Alabama?

Capital: _____

Abbreviation: _____

Region: _____

Nickname: _____

Became a state in the year: _____

It was state number: _____

Largest city: _____

Color the region: Northeast Southeast Midwest Southwest West

Draw the state bird
Yellowhammer

Draw the state flower
Camellia

☆ **Fun fact:** Huntsville is called 'Rocket City' because rockets for trips into space were built there.

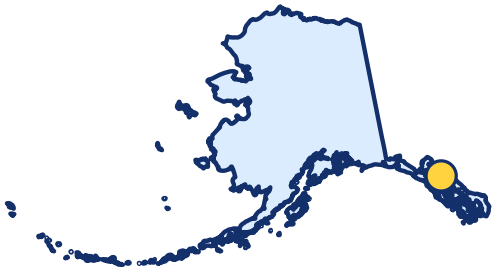
Something else I learned about Alabama:

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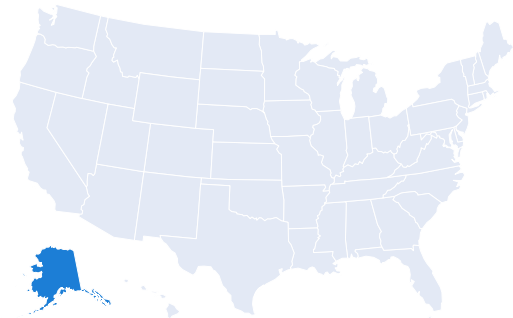
Alaska

State study page

Name: _____



● = the capital city



Where is Alaska?

Capital: _____

Abbreviation: _____

Region: _____

Nickname: _____

Became a state in the year: _____

It was state number: _____

Largest city: _____

Color the region: Northeast Southeast Midwest Southwest West

Draw the state bird

Willow ptarmigan

Draw the state flower

Forget-me-not

☆ **Fun fact:** It is the biggest state. It is more than twice the size of Texas.

Something else I learned about Alaska:

_____

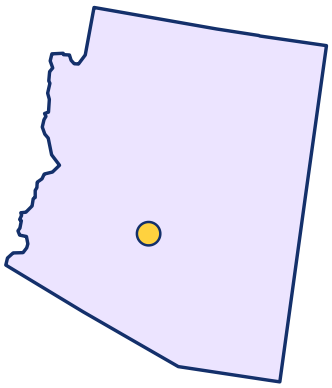
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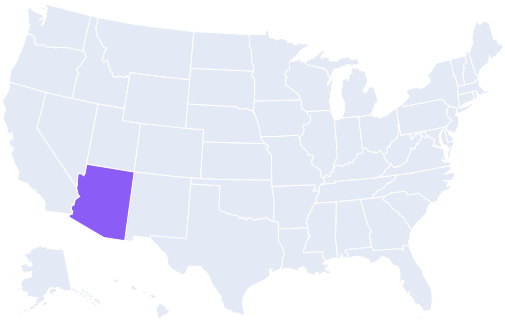
Arizona

State study page

Name: _____



● = the capital city



Where is Arizona?

Capital: _____

Abbreviation: _____

Region: _____

Nickname: _____

Became a state in the year: _____

It was state number: _____

Largest city: _____

Color the region: Northeast Southeast Midwest Southwest West

Draw the state bird

Cactus wren

Draw the state flower

Saguaro cactus blossom

☆ **Fun fact:** The Grand Canyon is about one mile deep.

Something else I learned about Arizona:

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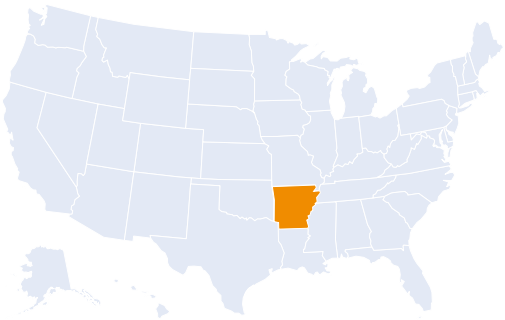
Arkansas

State study page

Name: _____



○ = the capital city



Where is Arkansas?

Capital: _____

Abbreviation: _____

Region: _____

Nickname: _____

Became a state in the year: _____

It was state number: _____

Largest city: _____

Color the region: Northeast · Southeast · Midwest · Southwest · West

Draw the state bird

Northern mockingbird

Draw the state flower

Apple blossom

☆ **Fun fact:** At Crater of Diamonds State Park, visitors can dig for real diamonds and keep what they find.

Something else I learned about Arkansas:

Richard Sim ©

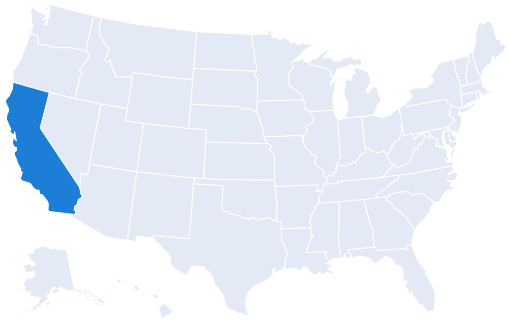
California

State study page

Name: _____



● = the capital city



Where is California?

Capital: _____

Abbreviation: _____

Region: _____

Nickname: _____

Became a state in the year: _____

It was state number: _____

Largest city: _____

Color the region: Northeast · Southeast · Midwest · Southwest · West

Draw the state bird
California quail

Draw the state flower
California poppy

☆ **Fun fact:** More people live here than in any other state.

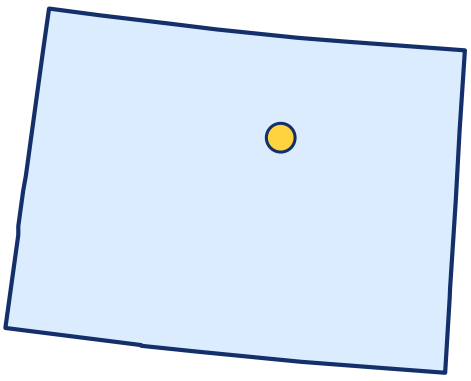
Something else I learned about California:

Richard Sim ©

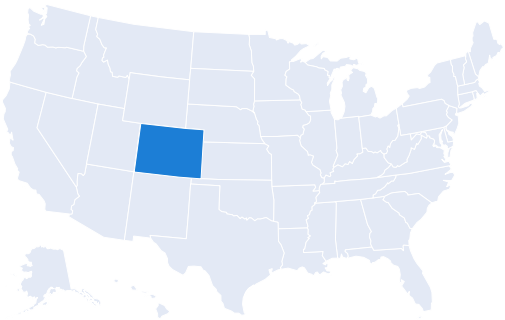
Colorado

State study page

Name: _____



● = the capital city



Where is Colorado?

Capital: _____

Abbreviation: _____

Region: _____

Nickname: _____

Became a state in the year: _____

It was state number: _____

Largest city: _____

Color the region: Northeast Southeast Midwest Southwest West

Draw the state bird
Lark bunting

Draw the state flower
Colorado blue columbine

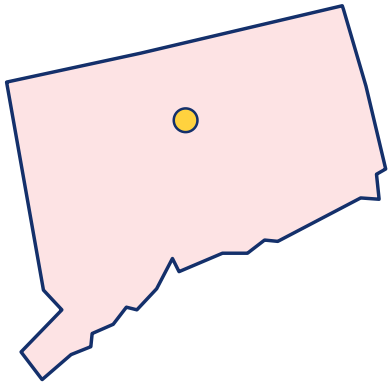
☆ **Fun fact:** It became a state in 1876, 100 years after the Declaration of Independence. That is why it is the Centennial State.

Something else I learned about Colorado:

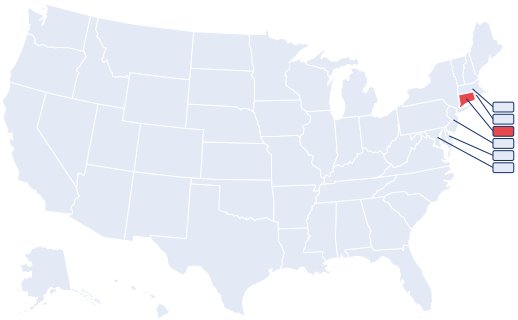
Connecticut

State study page

Name: _____



● = the capital city



Where is Connecticut?

Capital: _____

Abbreviation: _____

Region: _____

Nickname: _____

Became a state in the year: _____

It was state number: _____

Largest city: _____

Color the region: Northeast Southeast Midwest Southwest West

Draw the state bird

American robin

Draw the state flower

Mountain laurel

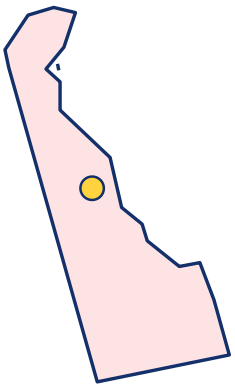
☆ **Fun fact:** The USS Nautilus, the first submarine powered by nuclear energy, was built in Groton.

Something else I learned about Connecticut:

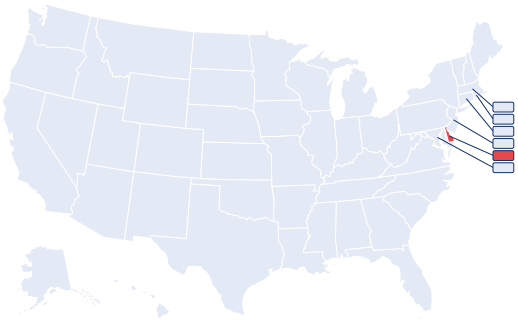
Delaware

State study page

Name: _____



● = the capital city



Where is Delaware?

Capital: _____

Abbreviation: _____

Region: _____

Nickname: _____

Became a state in the year: _____

It was state number: _____

Largest city: _____

Color the region: Northeast Southeast Midwest Southwest West

Draw the state bird

Blue hen chicken

Draw the state flower

Peach blossom

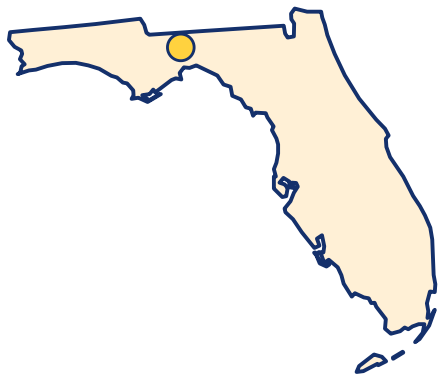
☆ **Fun fact:** It was the first state to approve the US Constitution, on December 7, 1787.

Something else I learned about Delaware:

Florida

State study page

Name: _____



= the capital city



Where is Florida?

Capital: _____

Abbreviation: _____

Region: _____

Nickname: _____

Became a state in the year: _____

It was state number: _____

Largest city: _____

Color the region: Northeast · Southeast · Midwest · Southwest · West

Draw the state bird

Northern mockingbird

Draw the state flower

Orange blossom

☆ **Fun fact:** Only Alaska has a longer coastline.

Something else I learned about Florida:

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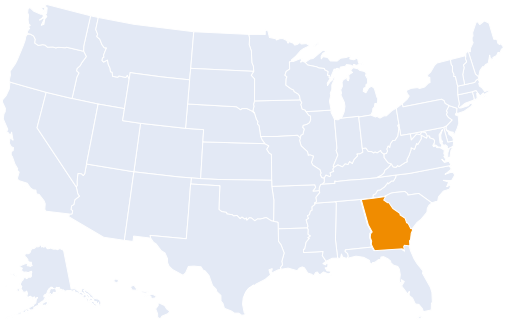
Georgia

State study page

Name: _____



● = the capital city



Where is Georgia?

Capital: _____

Abbreviation: _____

Region: _____

Nickname: _____

Became a state in the year: _____

It was state number: _____

Largest city: _____

Color the region: Northeast Southeast Midwest Southwest West

Draw the state bird

Brown thrasher

Draw the state flower

Cherokee rose

☆ **Fun fact:** It grows more peanuts than any other state.

Something else I learned about Georgia:

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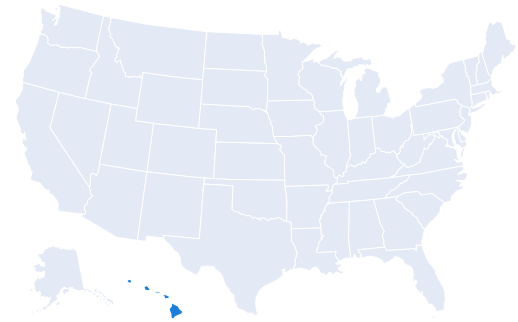
Hawaii

State study page

Name: _____



○ = the capital city



Where is Hawaii?

Capital: _____

Abbreviation: _____

Region: _____

Nickname: _____

Became a state in the year: _____

It was state number: _____

Largest city: _____

Color the region: Northeast Southeast Midwest Southwest West

Draw the state bird

Nene (Hawaiian goose)

Draw the state flower

Yellow hibiscus

☆ **Fun fact:** It is a chain of islands in the Pacific Ocean.

Something else I learned about Hawaii:

_____

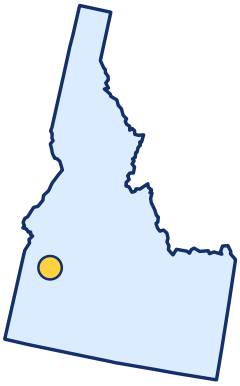
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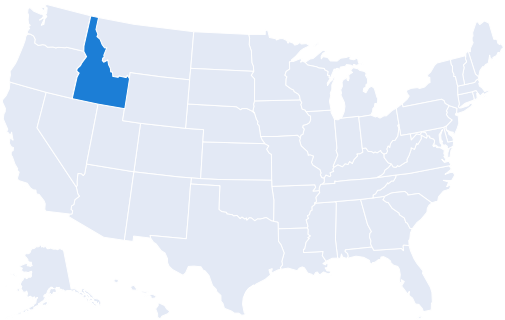
Idaho

State study page

Name: _____



● = the capital city



Where is Idaho?

Capital: _____

Abbreviation: _____

Region: _____

Nickname: _____

Became a state in the year: _____

It was state number: _____

Largest city: _____

Color the region: Northeast Southeast Midwest Southwest West

Draw the state bird

Mountain bluebird

Draw the state flower

Syringa

☆ **Fun fact:** It grows about one-third of all the potatoes in the United States.

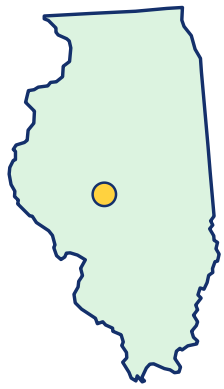
Something else I learned about Idaho:

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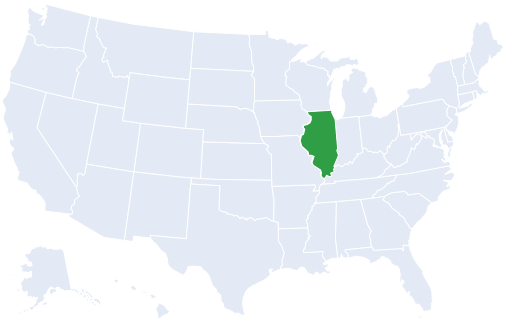
Illinois

State study page

Name: _____



● = the capital city



Where is Illinois?

Capital: _____

Abbreviation: _____

Region: _____

Nickname: _____

Became a state in the year: _____

It was state number: _____

Largest city: _____

Color the region: Northeast Southeast Midwest Southwest West

Draw the state bird

Northern cardinal

Draw the state flower

Violet

☆ **Fun fact:** Abraham Lincoln lived in Springfield before he became president.

Something else I learned about Illinois:

_____

_____

Richard Sim ©

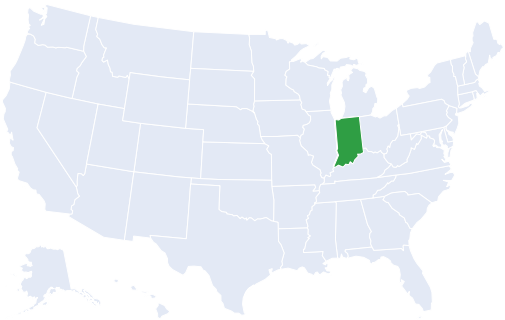
Indiana

State study page

Name: _____



● = the capital city



Where is Indiana?

Capital: _____

Abbreviation: _____

Region: _____

Nickname: _____

Became a state in the year: _____

It was state number: _____

Largest city: _____

Color the region: Northeast Southeast Midwest Southwest West

Draw the state bird

Northern cardinal

Draw the state flower

Peony

☆ **Fun fact:** The Indianapolis 500 car race is held here every year.

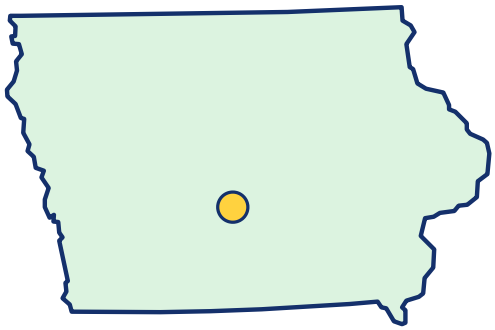
Something else I learned about Indiana:

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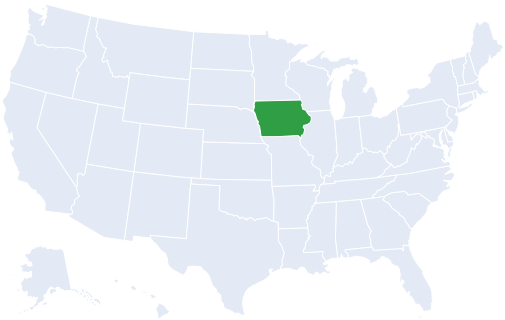
Iowa

State study page

Name: _____



● = the capital city



Where is Iowa?

Capital: _____

Abbreviation: _____

Region: _____

Nickname: _____

Became a state in the year: _____

It was state number: _____

Largest city: _____

Color the region: Northeast · Southeast · Midwest · Southwest · West

Draw the state bird

Eastern goldfinch

Draw the state flower

Wild rose

☆ **Fun fact:** It grows more corn than almost any other state.

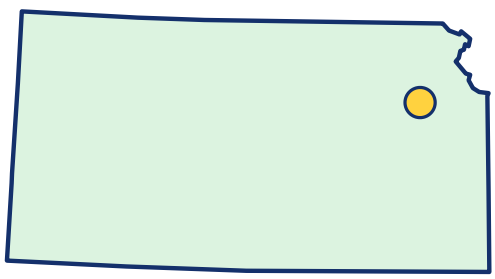
Something else I learned about Iowa:

Richard Sim ©

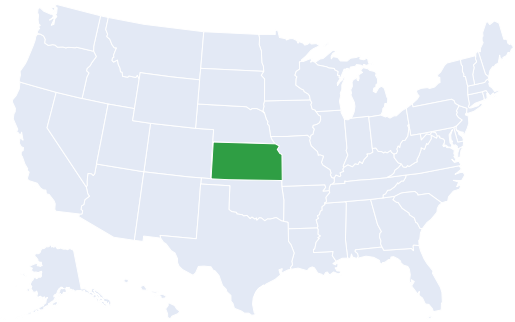
Kansas

State study page

Name: _____



● = the capital city



Where is Kansas?

Capital: _____

Abbreviation: _____

Region: _____

Nickname: _____

Became a state in the year: _____

It was state number: _____

Largest city: _____

Color the region: Northeast Southeast Midwest Southwest West

Draw the state bird

Western meadowlark

Draw the state flower

Sunflower

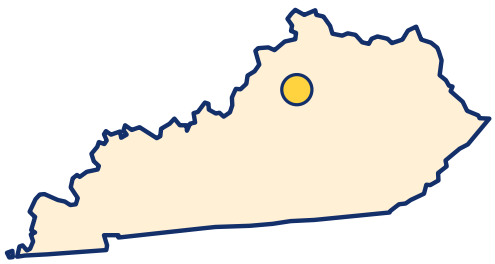
☆ **Fun fact:** It is one of the top wheat-growing states, so it is sometimes called the 'Wheat State.'

Something else I learned about Kansas:

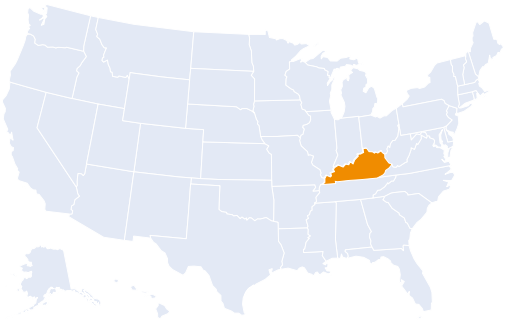
Kentucky

State study page

Name: _____



○ = the capital city



Where is Kentucky?

Capital: _____

Abbreviation: _____

Region: _____

Nickname: _____

Became a state in the year: _____

It was state number: _____

Largest city: _____

Color the region: Northeast Southeast Midwest Southwest West

Draw the state bird

Northern cardinal

Draw the state flower

Goldenrod

☆ **Fun fact:** Mammoth Cave is the longest known cave system in the world.

Something else I learned about Kentucky:

Richard Sim ©

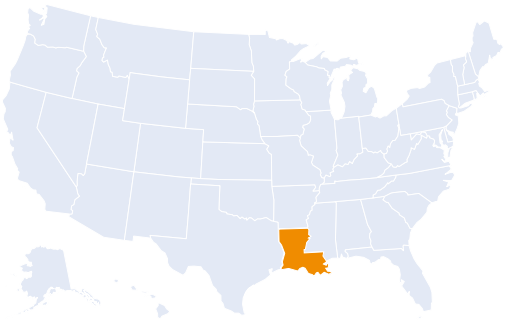
Louisiana

State study page

Name: _____



= the capital city



Where is Louisiana?

Capital: _____

Abbreviation: _____

Region: _____

Nickname: _____

Became a state in the year: _____

It was state number: _____

Largest city: _____

Color the region: Northeast Southeast Midwest Southwest West

Draw the state bird

Brown pelican

Draw the state flower

Magnolia

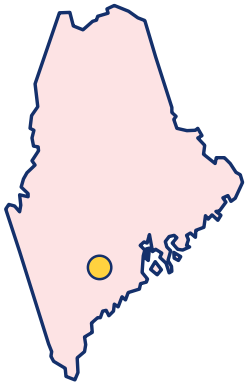
☆ **Fun fact:** It is divided into parishes instead of counties.

Something else I learned about Louisiana:

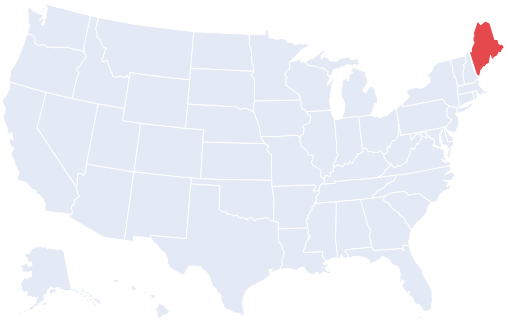
Maine

State study page

Name: _____



● = the capital city



Where is Maine?

Capital: _____

Abbreviation: _____

Region: _____

Nickname: _____

Became a state in the year: _____

It was state number: _____

Largest city: _____

Color the region: Northeast Southeast Midwest Southwest West

Draw the state bird

Black-capped chickadee

Draw the state flower

White pine cone and tassel

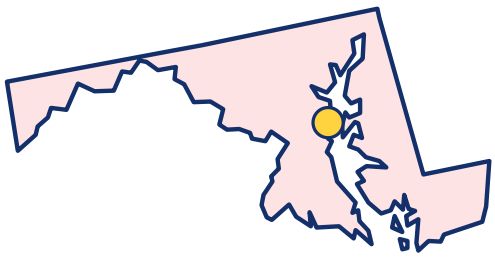
☆ **Fun fact:** It is the only state that borders just one other state: New Hampshire.

Something else I learned about Maine:

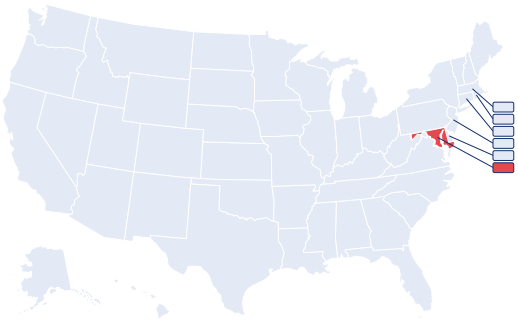
Maryland

State study page

Name: _____



● = the capital city



Where is Maryland?

Capital: _____

Abbreviation: _____

Region: _____

Nickname: _____

Became a state in the year: _____

It was state number: _____

Largest city: _____

Color the region: Northeast · Southeast · Midwest · Southwest · West

Draw the state bird

Baltimore oriole

Draw the state flower

Black-eyed Susan

☆ **Fun fact:** A battle at Fort McHenry in Baltimore in 1814 inspired the words of 'The Star-Spangled Banner.'

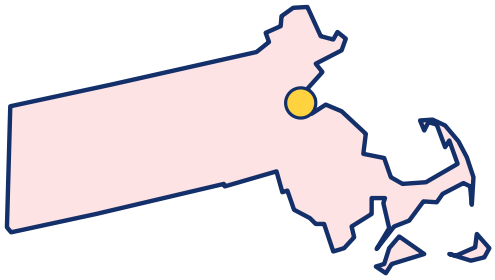
Something else I learned about Maryland:

Richard Sim ©

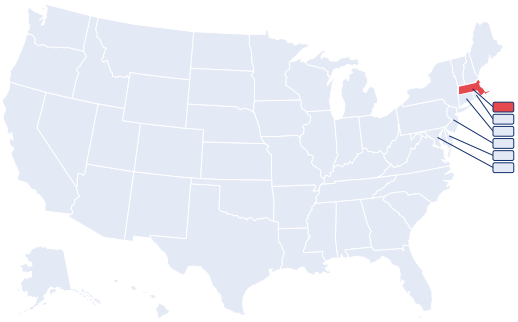
Massachusetts

State study page

Name: _____



● = the capital city



Where is Massachusetts?

Capital: _____

Abbreviation: _____

Region: _____

Nickname: _____

Became a state in the year: _____

It was state number: _____

Largest city: _____

Color the region: Northeast · Southeast · Midwest · Southwest · West

Draw the state bird

Black-capped chickadee

Draw the state flower

Mayflower

☆ **Fun fact:** The Pilgrims landed at Plymouth in 1620.

Something else I learned about Massachusetts:

Richard Sim ©

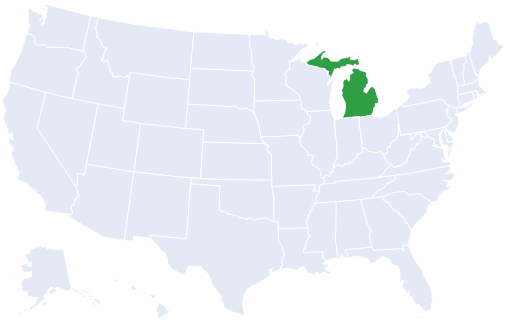
Michigan

State study page

Name: _____



● = the capital city



Where is Michigan?

Capital: _____

Abbreviation: _____

Region: _____

Nickname: _____

Became a state in the year: _____

It was state number: _____

Largest city: _____

Color the region: Northeast · Southeast · Midwest · Southwest · West

Draw the state bird

American robin

Draw the state flower

Apple blossom

☆ **Fun fact:** It touches four of the five Great Lakes.

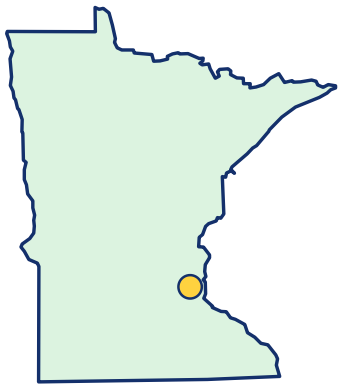
Something else I learned about Michigan:

Richard Sim ©

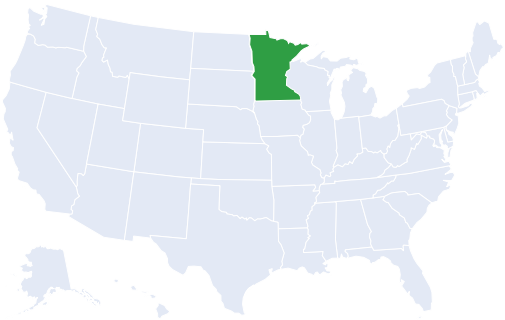
Minnesota

State study page

Name: _____



● = the capital city



Where is Minnesota?

Capital: _____

Abbreviation: _____

Region: _____

Nickname: _____

Became a state in the year: _____

It was state number: _____

Largest city: _____

Color the region: Northeast Southeast Midwest Southwest West

Draw the state bird

Common loon

Draw the state flower

Pink and white lady's slipper

☆ **Fun fact:** It is called the 'Land of 10,000 Lakes,' but it really has more than 11,000.

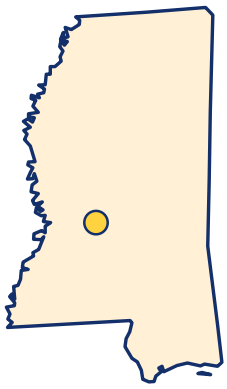
Something else I learned about Minnesota:

Richard Sim ©

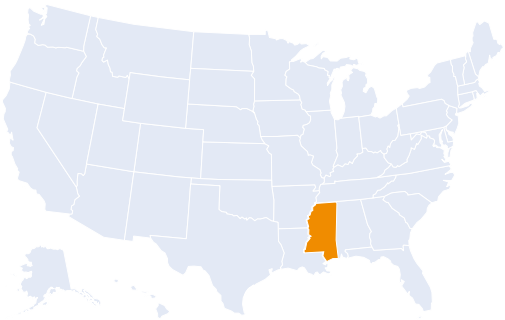
Mississippi

State study page

Name: _____



● = the capital city



Where is Mississippi?

Capital: _____

Abbreviation: _____

Region: _____

Nickname: _____

Became a state in the year: _____

It was state number: _____

Largest city: _____

Color the region: Northeast Southeast Midwest Southwest West

Draw the state bird

Northern mockingbird

Draw the state flower

Magnolia

☆ **Fun fact:** The Mississippi River forms most of its western border.

Something else I learned about Mississippi:

Richard Sim ©

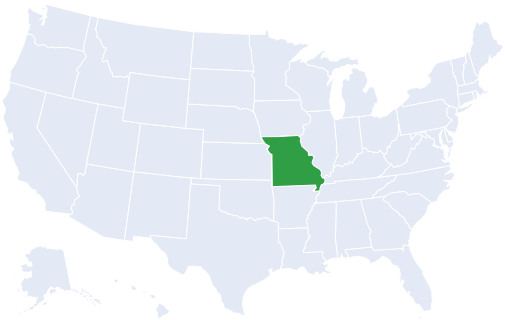
Missouri

State study page

Name: _____



● = the capital city



Where is Missouri?

Capital: _____

Abbreviation: _____

Region: _____

Nickname: _____

Became a state in the year: _____

It was state number: _____

Largest city: _____

Color the region: Northeast Southeast Midwest Southwest West

Draw the state bird

Eastern bluebird

Draw the state flower

Hawthorn

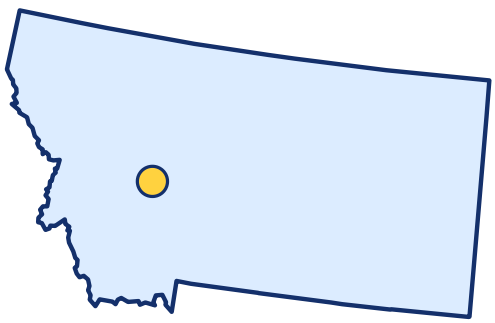
☆ **Fun fact:** The Gateway Arch in St. Louis is 630 feet tall. It is the tallest arch in the world.

Something else I learned about Missouri:

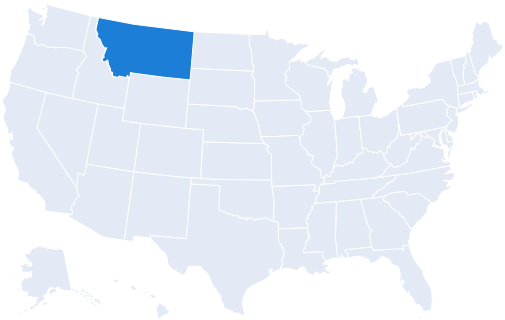
Montana

State study page

Name: _____



● = the capital city



Where is Montana?

Capital: _____

Abbreviation: _____

Region: _____

Nickname: _____

Became a state in the year: _____

It was state number: _____

Largest city: _____

Color the region: Northeast Southeast Midwest Southwest West

Draw the state bird

Western meadowlark

Draw the state flower

Bitterroot

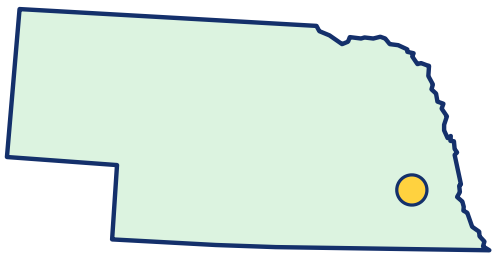
☆ **Fun fact:** Its nickname, the Treasure State, comes from its gold and silver mines.

Something else I learned about Montana:

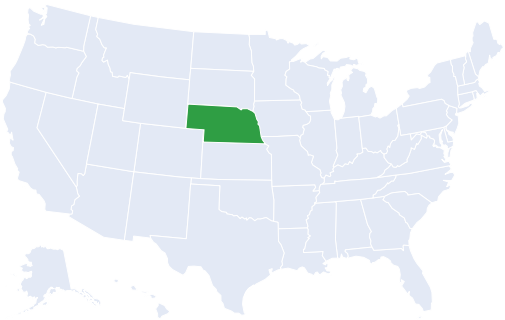
Nebraska

State study page

Name: _____



● = the capital city



Where is Nebraska?

Capital: _____

Abbreviation: _____

Region: _____

Nickname: _____

Became a state in the year: _____

It was state number: _____

Largest city: _____

Color the region: Northeast · Southeast · Midwest · Southwest · West

Draw the state bird

Western meadowlark

Draw the state flower

Goldenrod

☆ **Fun fact:** Arbor Day, a holiday for planting trees, started here in 1872.

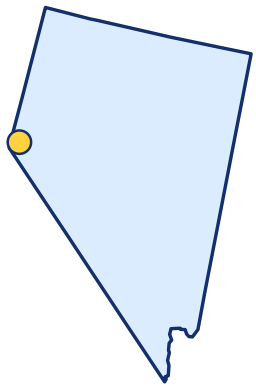
Something else I learned about Nebraska:

Richard Sim ©

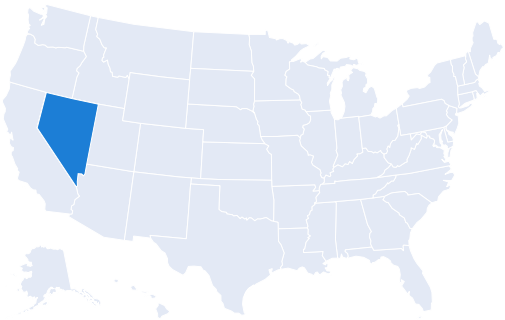
Nevada

State study page

Name: _____



● = the capital city



Where is Nevada?

Capital: _____

Abbreviation: _____

Region: _____

Nickname: _____

Became a state in the year: _____

It was state number: _____

Largest city: _____

Color the region: Northeast Southeast Midwest Southwest West

Draw the state bird

Mountain bluebird

Draw the state flower

Sagebrush

☆ **Fun fact:** It is the driest state.

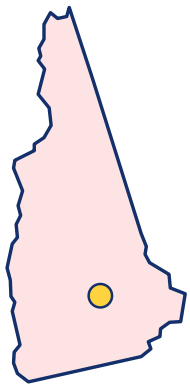
Something else I learned about Nevada:

Richard Sim ©

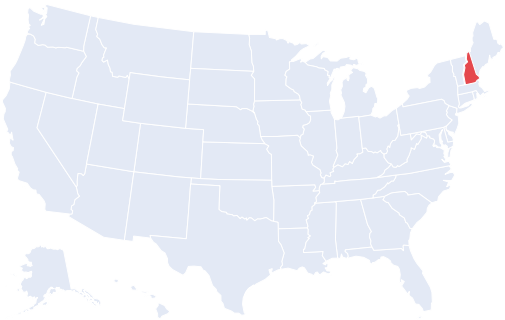
New Hampshire

State study page

Name: _____



● = the capital city



Where is New Hampshire?

Capital: _____

Abbreviation: _____

Region: _____

Nickname: _____

Became a state in the year: _____

It was state number: _____

Largest city: _____

Color the region: Northeast Southeast Midwest Southwest West

Draw the state bird

Purple finch

Draw the state flower

Purple lilac

☆ **Fun fact:** Its state motto is 'Live Free or Die.'

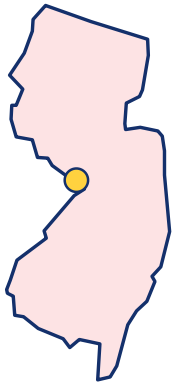
Something else I learned about New Hampshire:

Richard Sim ©

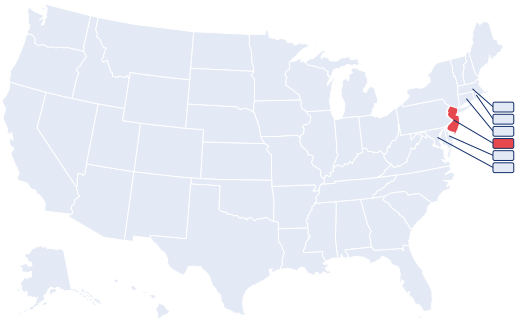
New Jersey

State study page

Name: _____



● = the capital city



Where is New Jersey?

Capital: _____

Abbreviation: _____

Region: _____

Nickname: _____

Became a state in the year: _____

It was state number: _____

Largest city: _____

Color the region: Northeast Southeast Midwest Southwest West

Draw the state bird

Eastern goldfinch

Draw the state flower

Violet

☆ **Fun fact:** It has more people per square mile than any other state.

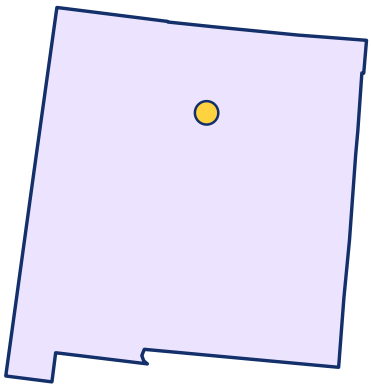
Something else I learned about New Jersey:

Richard Sim ©

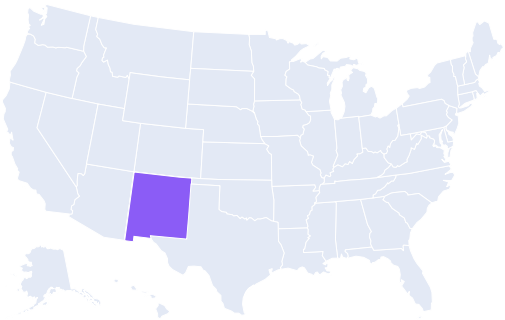
New Mexico

State study page

Name: _____



● = the capital city



Where is New Mexico?

Capital: _____

Abbreviation: _____

Region: _____

Nickname: _____

Became a state in the year: _____

It was state number: _____

Largest city: _____

Color the region: Northeast Southeast Midwest Southwest West

Draw the state bird

Greater roadrunner

Draw the state flower

Yucca flower

☆ **Fun fact:** Santa Fe, started in 1610, is the oldest capital city in the United States.

Something else I learned about New Mexico:

_____

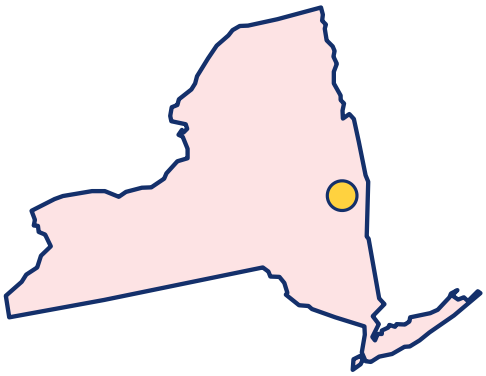
_____

Richard Sim ©

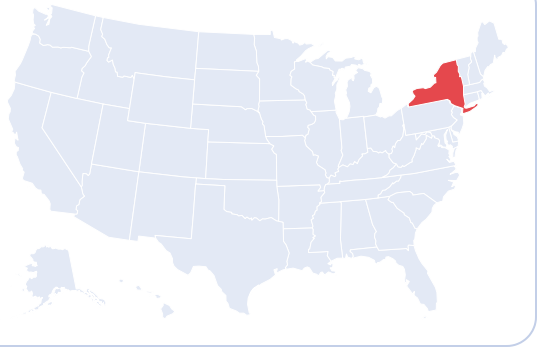
New York

State study page

Name: _____



● = the capital city



Where is New York?

Capital: _____

Abbreviation: _____

Region: _____

Nickname: _____

Became a state in the year: _____

It was state number: _____

Largest city: _____

Color the region: Northeast · Southeast · Midwest · Southwest · West

Draw the state bird

Eastern bluebird

Draw the state flower

Rose

☆ **Fun fact:** The Statue of Liberty stands in New York Harbor.

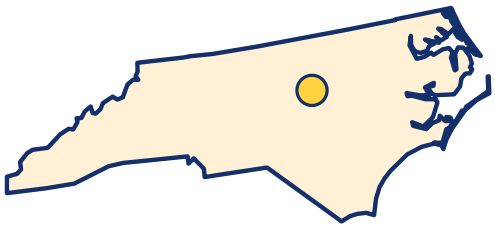
Something else I learned about New York:

Richard Sim ©

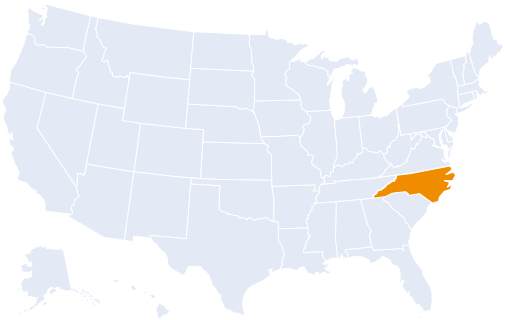
North Carolina

State study page

Name: _____



○ = the capital city



Where is North Carolina?

Capital: _____

Abbreviation: _____

Region: _____

Nickname: _____

Became a state in the year: _____

It was state number: _____

Largest city: _____

Color the region: Northeast Southeast Midwest Southwest West

Draw the state bird
Northern cardinal

Draw the state flower
Flowering dogwood

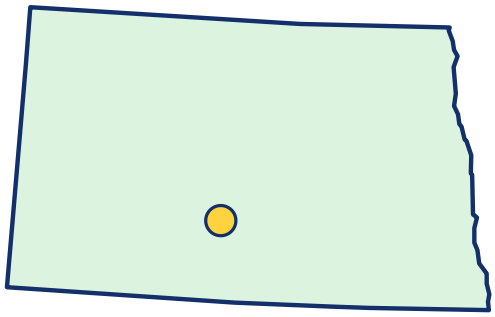
☆ **Fun fact:** The Wright brothers made the first airplane flight near Kitty Hawk in 1903.

Something else I learned about North Carolina:

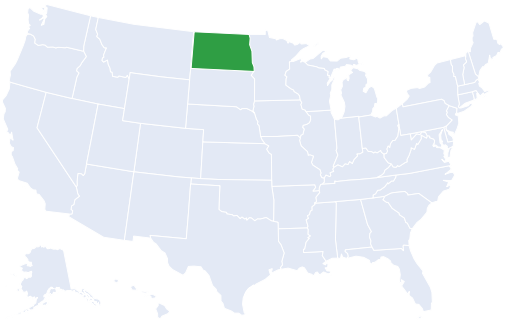
North Dakota

State study page

Name: _____



● = the capital city



Where is North Dakota?

Capital: _____

Abbreviation: _____

Region: _____

Nickname: _____

Became a state in the year: _____

It was state number: _____

Largest city: _____

Color the region: Northeast · Southeast · Midwest · Southwest · West

Draw the state bird

Western meadowlark

Draw the state flower

Wild prairie rose

☆ **Fun fact:** It grows more sunflowers than any other state.

Something else I learned about North Dakota:

Richard Sim ©

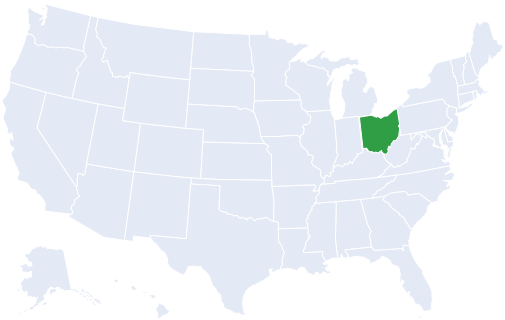
Ohio

State study page

Name: _____



● = the capital city



Where is Ohio?

Capital: _____

Abbreviation: _____

Region: _____

Nickname: _____

Became a state in the year: _____

It was state number: _____

Largest city: _____

Color the region: Northeast · Southeast · Midwest · Southwest · West

Draw the state bird

Northern cardinal

Draw the state flower

Scarlet carnation

☆ **Fun fact:** Seven US presidents were born here.

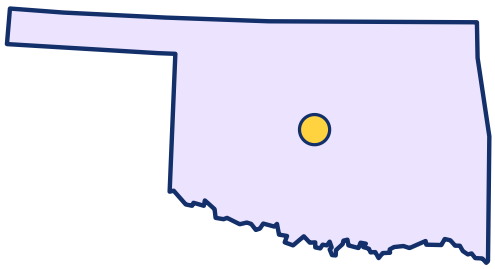
Something else I learned about Ohio:

Richard Sim ©

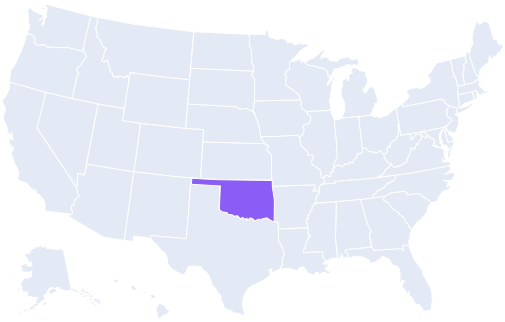
Oklahoma

State study page

Name: _____



● = the capital city



Where is Oklahoma?

Capital: _____

Abbreviation: _____

Region: _____

Nickname: _____

Became a state in the year: _____

It was state number: _____

Largest city: _____

Color the region: Northeast Southeast Midwest Southwest West

Draw the state bird
Scissor-tailed flycatcher

Draw the state flower
Oklahoma rose

☆ **Fun fact:** Its name comes from two Choctaw words meaning 'red people.'

Something else I learned about Oklahoma:

_____

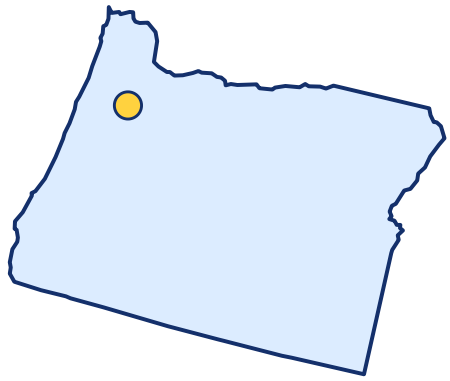
_____

Richard Sim ©

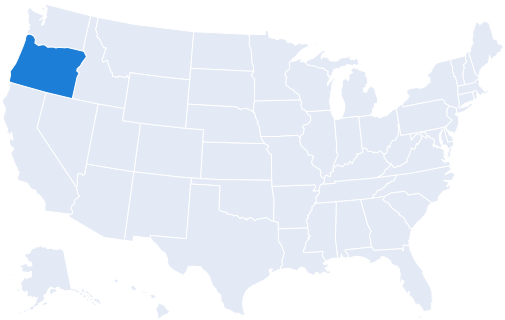
Oregon

State study page

Name: _____



● = the capital city



Where is Oregon?

Capital: _____

Abbreviation: _____

Region: _____

Nickname: _____

Became a state in the year: _____

It was state number: _____

Largest city: _____

Color the region: Northeast Southeast Midwest Southwest West

Draw the state bird

Western meadowlark

Draw the state flower

Oregon grape

☆ **Fun fact:** Crater Lake is the deepest lake in the United States.

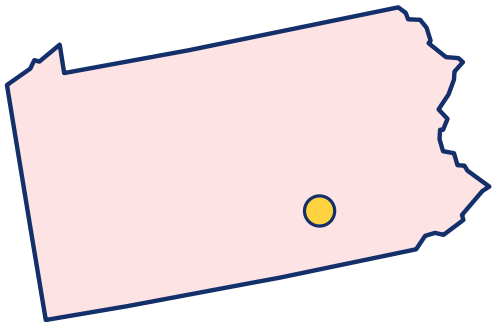
Something else I learned about Oregon:

Richard Sim ©

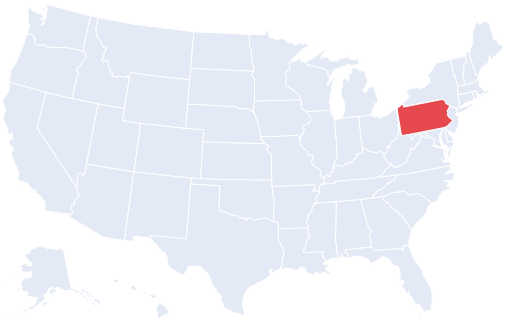
Pennsylvania

State study page

Name: _____



● = the capital city



Where is Pennsylvania?

Capital: _____

Abbreviation: _____

Region: _____

Nickname: _____

Became a state in the year: _____

It was state number: _____

Largest city: _____

Color the region: Northeast Southeast Midwest Southwest West

Draw the state bird

Ruffed grouse

Draw the state flower

Mountain laurel

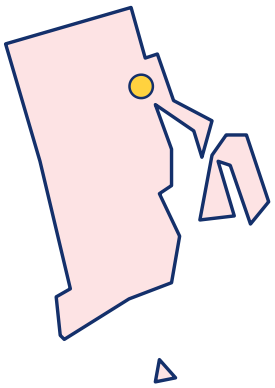
☆ **Fun fact:** The Declaration of Independence and the US Constitution were signed in Philadelphia.

Something else I learned about Pennsylvania:

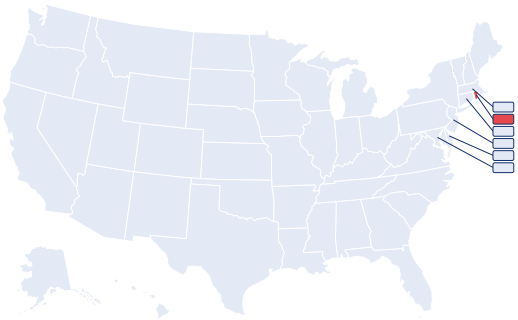
Rhode Island

State study page

Name: _____



● = the capital city



Where is Rhode Island?

Capital: _____

Abbreviation: _____

Region: _____

Nickname: _____

Became a state in the year: _____

It was state number: _____

Largest city: _____

Color the region: Northeast Southeast Midwest Southwest West

Draw the state bird

Rhode Island Red chicken

Draw the state flower

Violet

☆ **Fun fact:** It is the smallest state.

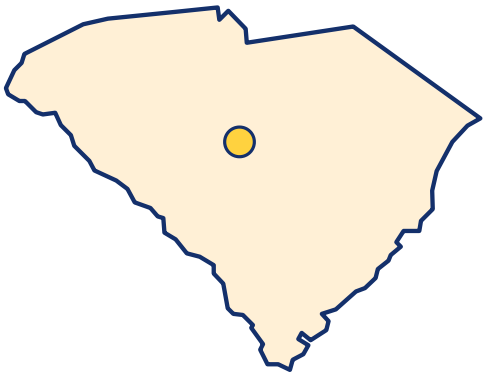
Something else I learned about Rhode Island:

Richard Sim ©

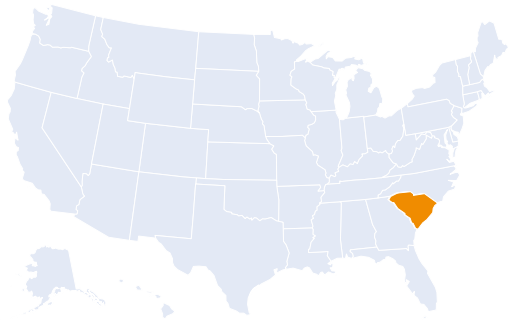
South Carolina

State study page

Name: _____



○ = the capital city



Where is South Carolina?

Capital: _____

Abbreviation: _____

Region: _____

Nickname: _____

Became a state in the year: _____

It was state number: _____

Largest city: _____

Color the region: Northeast Southeast Midwest Southwest West

Draw the state bird

Carolina wren

Draw the state flower

Yellow jessamine

☆ **Fun fact:** The first battle of the Civil War was at Fort Sumter, in Charleston Harbor, in 1861.

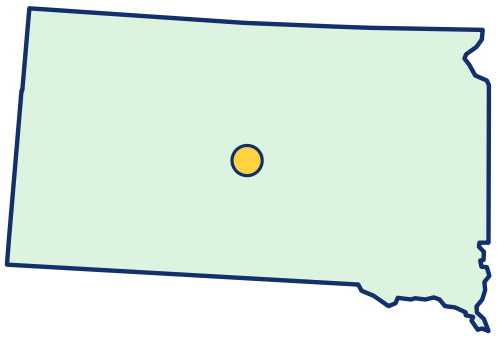
Something else I learned about South Carolina:

Richard Sim ©

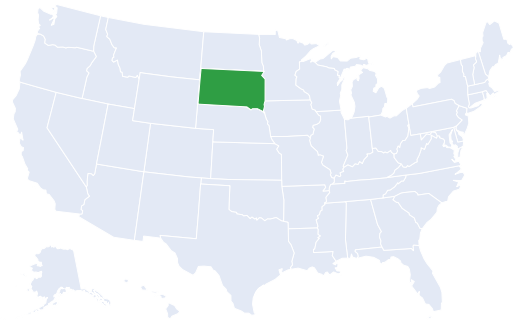
South Dakota

State study page

Name: _____



● = the capital city



Where is South Dakota?

Capital: _____

Abbreviation: _____

Region: _____

Nickname: _____

Became a state in the year: _____

It was state number: _____

Largest city: _____

Color the region: Northeast Southeast Midwest Southwest West

Draw the state bird
Ring-necked pheasant

Draw the state flower
American pasqueflower

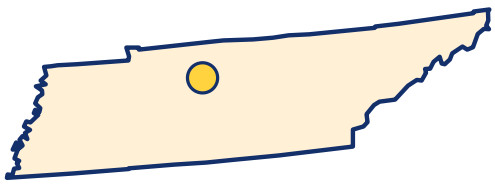
☆ **Fun fact:** Mount Rushmore shows the faces of four presidents carved into a mountain.

Something else I learned about South Dakota:

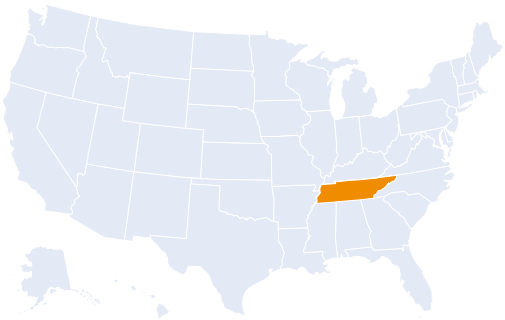
Tennessee

State study page

Name: _____



○ = the capital city



Where is Tennessee?

Capital: _____

Abbreviation: _____

Region: _____

Nickname: _____

Became a state in the year: _____

It was state number: _____

Largest city: _____

Color the region: Northeast · Southeast · Midwest · Southwest · West

Draw the state bird

Northern mockingbird

Draw the state flower

Iris

☆ **Fun fact:** Nashville is called 'Music City.'

Something else I learned about Tennessee:

Richard Sim ©

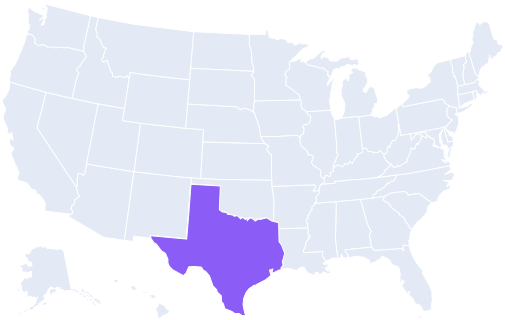
Texas

State study page

Name: _____



● = the capital city



Where is Texas?

Capital: _____

Abbreviation: _____

Region: _____

Nickname: _____

Became a state in the year: _____

It was state number: _____

Largest city: _____

Color the region: Northeast Southeast Midwest Southwest West

Draw the state bird
Northern mockingbird

Draw the state flower
Bluebonnet

☆ **Fun fact:** It is the second-largest state in size and in number of people.

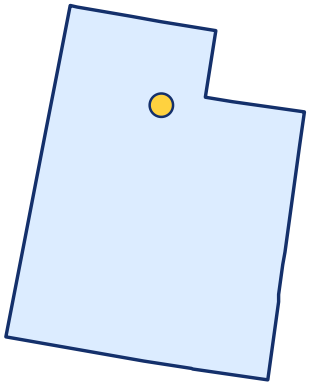
Something else I learned about Texas:

Richard Sim ©

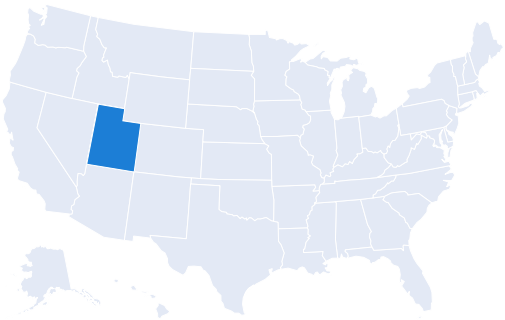
Utah

State study page

Name: _____



● = the capital city



Where is Utah?

Capital: _____

Abbreviation: _____

Region: _____

Nickname: _____

Became a state in the year: _____

It was state number: _____

Largest city: _____

Color the region: Northeast Southeast Midwest Southwest West

Draw the state bird

California gull

Draw the state flower

Sego lily

☆ **Fun fact:** The Great Salt Lake is saltier than the ocean.

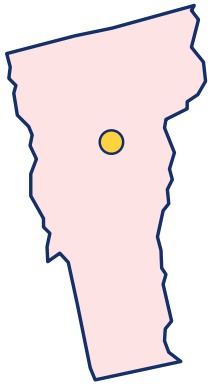
Something else I learned about Utah:

Richard Sim ©

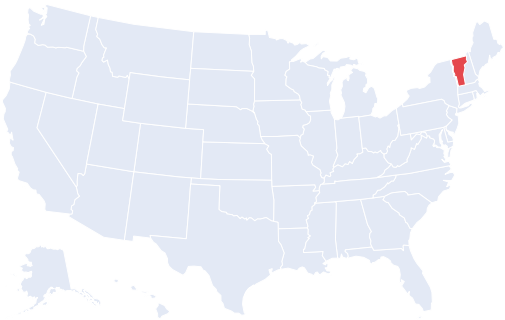
Vermont

State study page

Name: _____



● = the capital city



Where is Vermont?

Capital: _____

Abbreviation: _____

Region: _____

Nickname: _____

Became a state in the year: _____

It was state number: _____

Largest city: _____

Color the region: Northeast Southeast Midwest Southwest West

Draw the state bird

Hermit thrush

Draw the state flower

Red clover

☆ **Fun fact:** It makes more maple syrup than any other state.

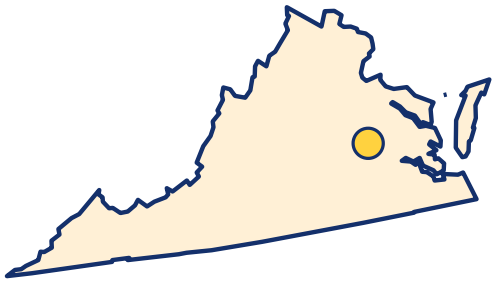
Something else I learned about Vermont:

Richard Sim ©

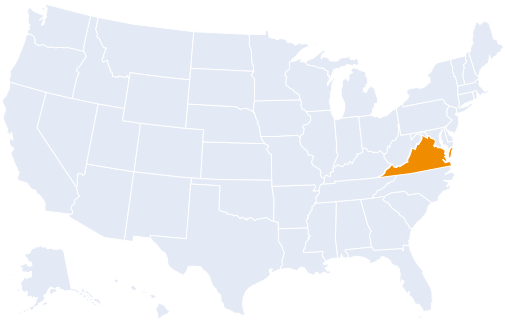
Virginia

State study page

Name: _____



● = the capital city



Where is Virginia?

Capital: _____

Abbreviation: _____

Region: _____

Nickname: _____

Became a state in the year: _____

It was state number: _____

Largest city: _____

Color the region: Northeast Southeast Midwest Southwest West

Draw the state bird

Northern cardinal

Draw the state flower

American dogwood

☆ **Fun fact:** Eight US presidents were born here, more than in any other state.

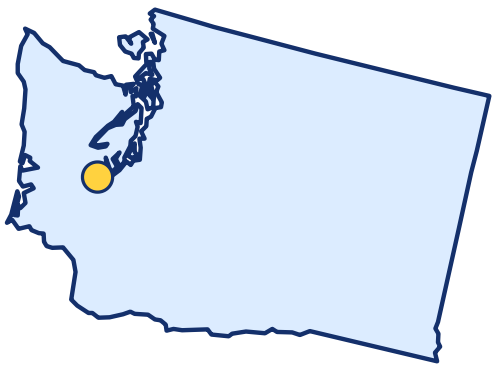
Something else I learned about Virginia:

Richard Sim ©

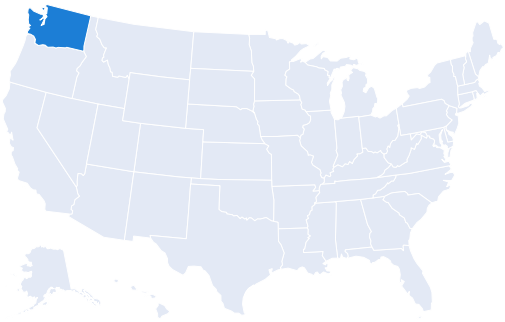
Washington

State study page

Name: _____



● = the capital city



Where is Washington?

Capital: _____

Abbreviation: _____

Region: _____

Nickname: _____

Became a state in the year: _____

It was state number: _____

Largest city: _____

Color the region: Northeast Southeast Midwest Southwest West

Draw the state bird
American goldfinch

Draw the state flower
Coast rhododendron

☆ **Fun fact:** It is the only state named after a president, George Washington.

Something else I learned about Washington:

Richard Sim ©

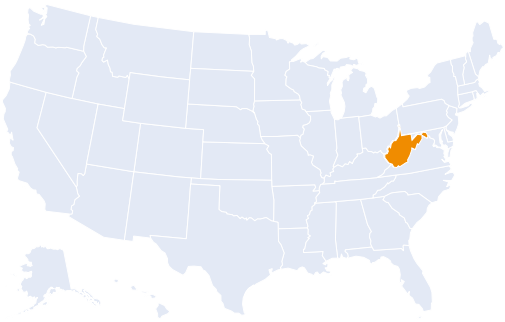
West Virginia

State study page

Name: _____



● = the capital city



Where is West Virginia?

Capital: _____

Abbreviation: _____

Region: _____

Nickname: _____

Became a state in the year: _____

It was state number: _____

Largest city: _____

Color the region: Northeast Southeast Midwest Southwest West

Draw the state bird

Northern cardinal

Draw the state flower

Rhododendron

☆ **Fun fact:** It is the only state that is completely inside the Appalachian Mountains.

Something else I learned about West Virginia:

Richard Sim ©

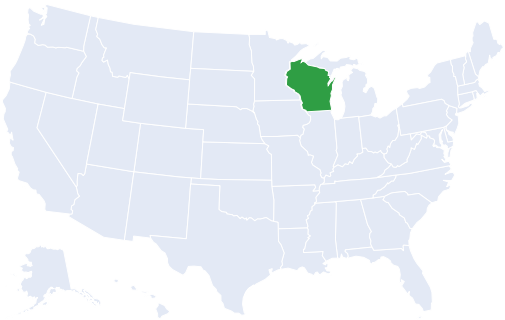
Wisconsin

State study page

Name: _____



● = the capital city



Where is Wisconsin?

Capital: _____

Abbreviation: _____

Region: _____

Nickname: _____

Became a state in the year: _____

It was state number: _____

Largest city: _____

Color the region: Northeast Southeast Midwest Southwest West

Draw the state bird

American robin

Draw the state flower

Wood violet

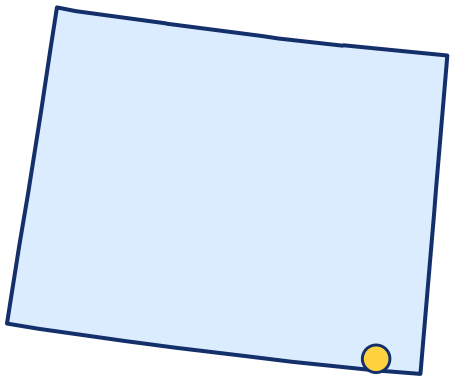
☆ **Fun fact:** It makes more cheese than any other state.

Something else I learned about Wisconsin:

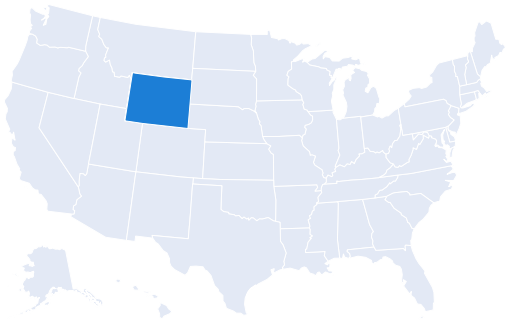
Wyoming

State study page

Name: _____



● = the capital city



Where is Wyoming?

Capital: _____

Abbreviation: _____

Region: _____

Nickname: _____

Became a state in the year: _____

It was state number: _____

Largest city: _____

Color the region: Northeast Southeast Midwest Southwest West

Draw the state bird

Western meadowlark

Draw the state flower

Indian paintbrush

☆ **Fun fact:** It has the fewest people of any state.

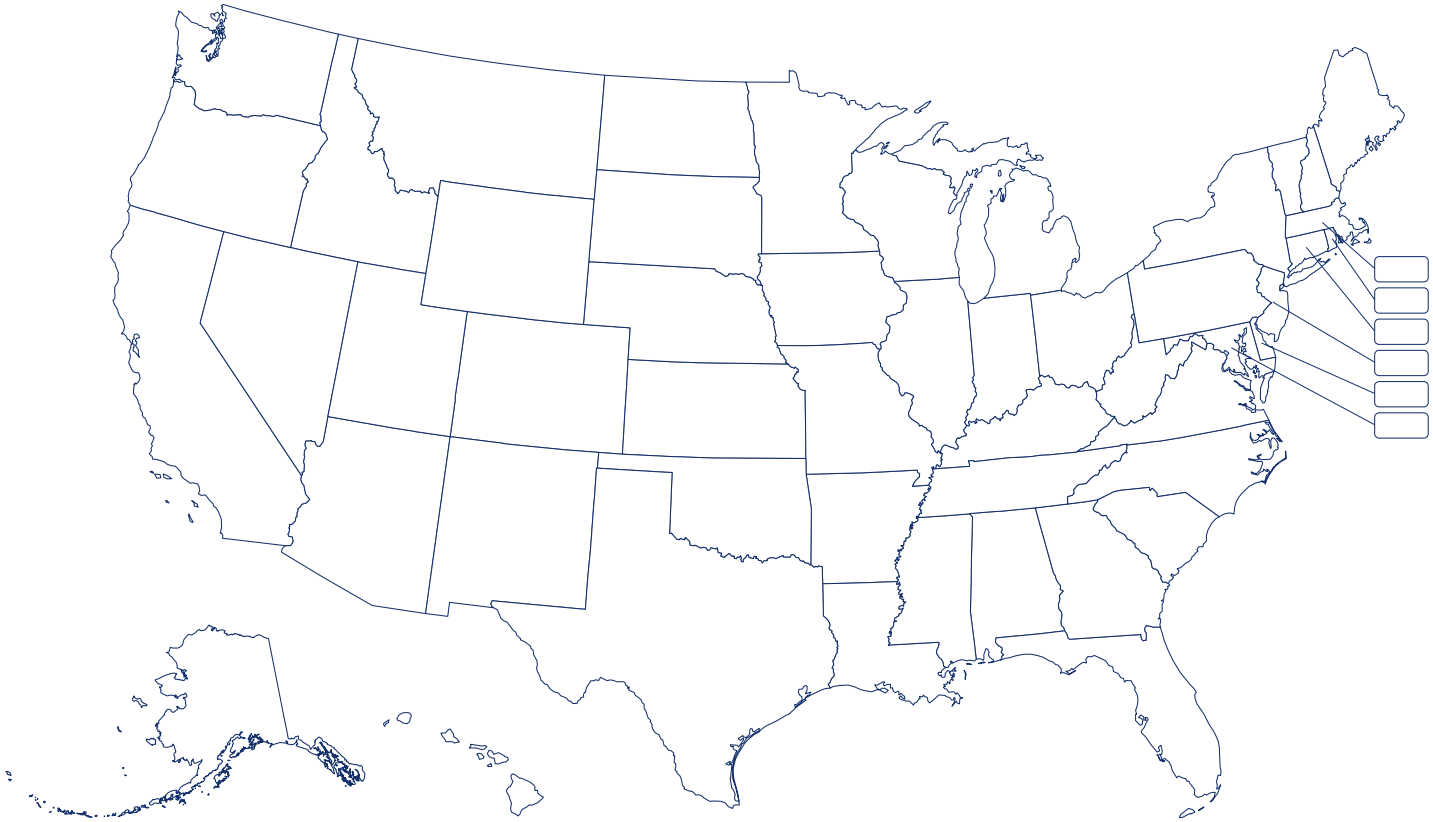
Something else I learned about Wyoming:

Richard Sim ©

Label the USA

Write each state's abbreviation on the map

Name: _____



Write the two-letter abbreviation in each state. Use the boxes on the right for the small northeastern states. Then color each region a different color.

Color key

- ☐ Northeast
- ☐ Southeast
- ☐ Midwest
- ☐ Southwest
- ☐ West

Challenge!

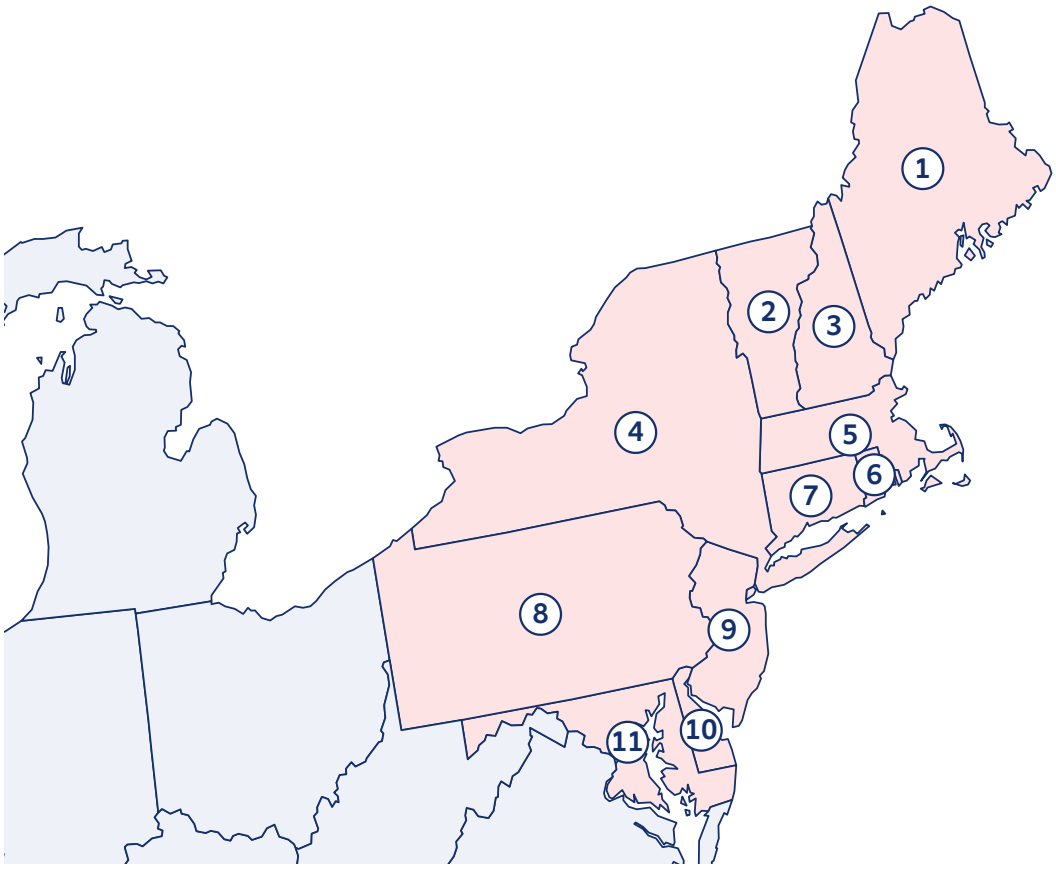
Draw a star where your state's capital is.
Draw a ● for Washington, D.C., the nation's capital.

Richard Sim ©

The Northeast

11 states · write each state and its capital

Name: _____



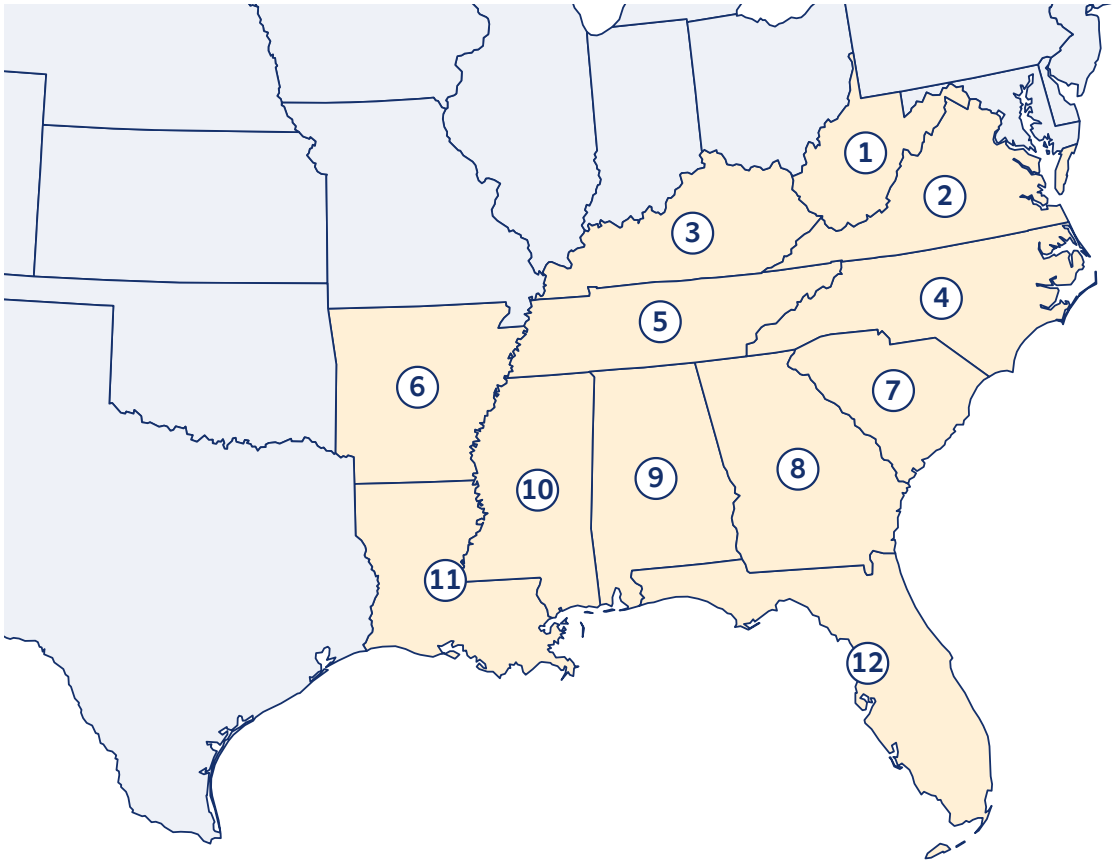
#	State	Capital
1		
2		
3		
4		
5		
6		
7		
8		
9		
10		
11		

Richard Sim ©

The Southeast

12 states · write each state and its capital

Name: _____



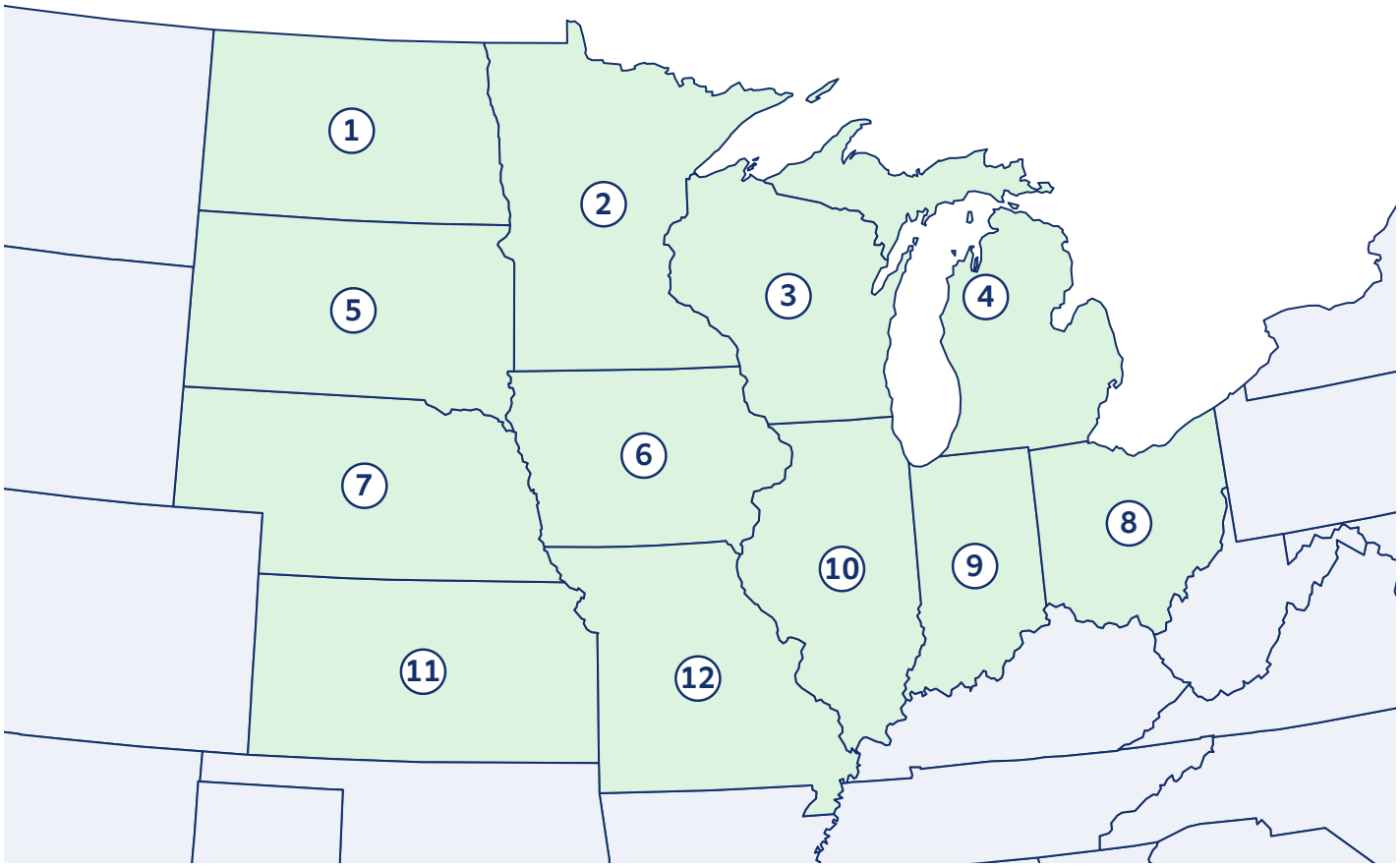
#	State	Capital
1		
2		
3		
4		
5		
6		
7		
8		
9		
10		
11		
12		

Richard Sim ©

The Midwest

12 states · write each state and its capital

Name: _____



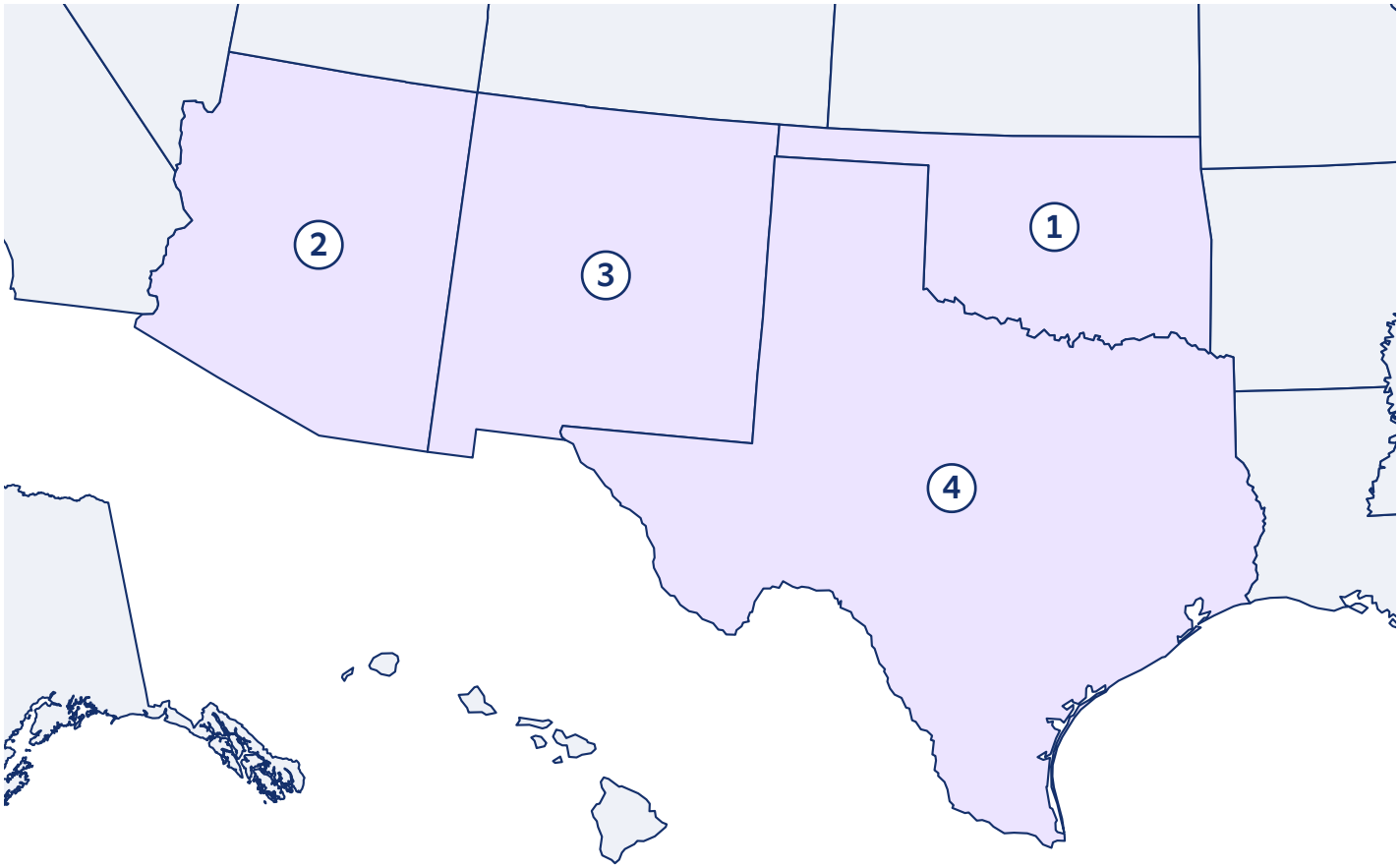
#	State	Capital
1		
2		
3		
4		
5		
6		
7		
8		
9		
10		
11		
12		

Richard Sim ©

The Southwest

4 states · write each state and its capital

Name: _____



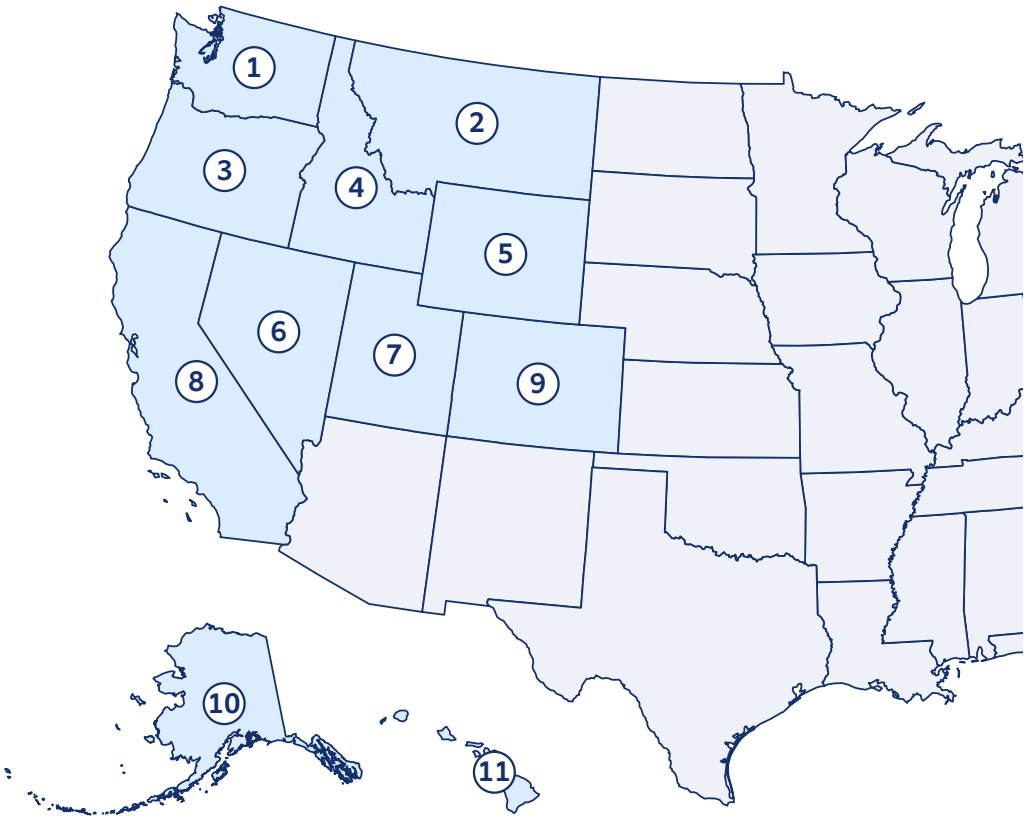
#	State	Capital
1		
2		
3		
4		

Richard Sim ©

The West

11 states · write each state and its capital

Name: _____



#	State	Capital
1		
2		
3		
4		
5		
6		
7		
8		
9		
10		
11		

Richard Sim ©



Capitals matching

Northeast · draw a line from each state to its capital

Name: _____

Connecticut ○	○ Dover
Delaware ○	○ Montpelier
Maine ○	○ Annapolis
Maryland ○	○ Providence
Massachusetts ○	○ Harrisburg
New Hampshire ○	○ Boston
New Jersey ○	○ Albany
New York ○	○ Hartford
Pennsylvania ○	○ Trenton
Rhode Island ○	○ Augusta
Vermont ○	○ Concord

Tip: Say each state and its capital out loud as you draw the line. Check your answers with the State facts at a glance pages.

Richard Sim ©



Capitals matching

Southeast · draw a line from each state to its capital

Name: _____

Alabama ○	○ Raleigh
Arkansas ○	○ Frankfort
Florida ○	○ Tallahassee
Georgia ○	○ Baton Rouge
Kentucky ○	○ Charleston
Louisiana ○	○ Nashville
Mississippi ○	○ Richmond
North Carolina ○	○ Jackson
South Carolina ○	○ Little Rock
Tennessee ○	○ Montgomery
Virginia ○	○ Atlanta
West Virginia ○	○ Columbia

Tip: Say each state and its capital out loud as you draw the line. Check your answers with the State facts at a glance pages.

Richard Sim ©



Capitals matching

Midwest · draw a line from each state to its capital

Name: _____

Illinois ○	○ Pierre
Indiana ○	○ Des Moines
Iowa ○	○ Saint Paul
Kansas ○	○ Lincoln
Michigan ○	○ Bismarck
Minnesota ○	○ Jefferson City
Missouri ○	○ Lansing
Nebraska ○	○ Madison
North Dakota ○	○ Topeka
Ohio ○	○ Indianapolis
South Dakota ○	○ Columbus
Wisconsin ○	○ Springfield

Tip: Say each state and its capital out loud as you draw the line. Check your answers with the State facts at a glance pages.

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Capitals matching

Southwest & West · draw a line from each state to its capital

Name: _____

Alaska ○	○ Denver
Arizona ○	○ Boise
California ○	○ Juneau
Colorado ○	○ Carson City
Hawaii ○	○ Salem
Idaho ○	○ Oklahoma City
Montana ○	○ Austin
Nevada ○	○ Phoenix
New Mexico ○	○ Cheyenne
Oklahoma ○	○ Salt Lake City
Oregon ○	○ Helena
Texas ○	○ Honolulu
Utah ○	○ Sacramento
Washington ○	○ Olympia
Wyoming ○	○ Santa Fe

Tip: Say each state and its capital out loud as you draw the line. Check your answers with the State facts at a glance pages.

Richard Sim ©



Word search

Northeast states

Name: _____

E	I	I	M	R	H	O	D	E	I	S	L	A	N	D
T	M	F	U	C	H	P	N	A	F	R	K	R	V	O
W	V	H	N	E	W	J	E	R	S	E	Y	H	K	P
W	P	H	Y	N	K	S	W	U	V	I	V	H	B	C
R	M	A	S	S	A	C	H	U	S	E	T	T	S	V
L	N	F	R	G	J	J	A	Y	J	S	L	F	Y	Y
O	E	U	C	D	U	R	M	T	M	F	E	I	N	G
T	W	B	P	W	M	Y	P	V	L	M	R	F	S	B
R	Y	C	P	E	N	N	S	Y	L	V	A	N	I	A
I	O	M	V	D	I	C	H	E	U	W	W	Y	C	O
H	R	A	M	N	M	F	I	K	O	E	U	P	G	D
N	K	I	U	S	V	E	R	M	O	N	T	N	D	W
J	I	N	C	O	N	N	E	C	T	I	C	U	T	H
M	S	E	A	G	R	D	E	L	A	W	A	R	E	O
T	A	A	V	U	M	A	R	Y	L	A	N	D	H	I

Words go across, down and diagonally. Spaces are left out (NEW YORK → NEWYORK).

- ☐ Connecticut
- ☐ Delaware
- ☐ Maine
- ☐ Maryland
- ☐ Massachusetts
- ☐ New Hampshire
- ☐ New Jersey
- ☐ New York
- ☐ Pennsylvania
- ☐ Rhode Island
- ☐ Vermont

Richard Sim ©



Word search

Southeast states

Name: _____

M	I	S	S	I	S	S	I	P	P	I	J	S	O	A
L	N	O	R	T	H	C	A	R	O	L	I	N	A	B
G	K	S	W	F	L	O	R	I	D	A	M	T	O	G
W	E	J	P	E	V	E	P	Y	S	Y	J	C	I	K
J	N	O	K	A	S	V	V	J	V	V	M	R	C	R
V	T	G	R	M	R	T	U	I	R	E	R	V	C	J
B	U	H	A	G	O	K	V	S	R	H	R	I	B	D
D	C	W	M	L	I	L	A	I	G	G	K	L	C	K
O	K	L	F	P	A	A	O	N	R	J	I	O	E	Y
O	Y	V	G	I	K	B	F	D	S	G	H	N	P	G
W	L	F	L	E	E	H	A	I	S	A	I	V	I	M
M	K	I	U	R	T	Y	K	M	M	Y	S	N	Y	A
V	Y	J	L	O	U	I	S	I	A	N	A	S	I	U
S	O	U	T	H	C	A	R	O	L	I	N	A	V	A
W	C	L	J	T	E	N	N	E	S	S	E	E	M	P

Words go across, down and diagonally. Spaces are left out (NEW YORK → NEWYORK).

- ☐ Alabama
- ☐ Arkansas
- ☐ Florida
- ☐ Georgia
- ☐ Kentucky
- ☐ Louisiana
- ☐ Mississippi
- ☐ North Carolina
- ☐ South Carolina
- ☐ Tennessee
- ☐ Virginia
- ☐ West Virginia

Richard Sim ©



Word search

Midwest states

Name: _____

M	K	H	N	M	E	A	K	L	S	W	I	D	O	Y
I	A	D	W	I	M	R	M	N	W	I	D	K	T	S
S	N	D	T	N	I	Y	A	E	P	S	E	H	M	B
S	S	R	C	N	C	T	D	B	W	C	S	M	F	A
O	A	K	D	E	H	A	D	R	W	O	O	P	Y	J
U	S	T	J	S	I	I	C	A	B	N	U	I	T	R
R	R	Y	H	O	G	O	D	S	S	S	T	L	D	S
I	B	S	K	T	A	W	T	K	F	I	H	L	C	H
F	V	H	O	A	N	A	U	A	Y	N	D	I	M	I
N	O	R	T	H	D	A	K	O	T	A	A	N	L	U
M	L	S	N	C	M	R	H	N	F	N	K	O	Y	T
T	W	R	W	P	E	V	M	E	F	D	O	I	P	P
Y	R	O	T	F	E	O	H	I	O	I	T	S	G	E
I	N	D	I	A	N	A	T	R	K	H	A	Y	S	J
W	Y	N	U	T	T	I	G	J	A	I	P	M	G	F

Words go across, down and diagonally. Spaces are left out (NEW YORK → NEWYORK).

- ☐ Illinois
- ☐ Indiana
- ☐ Iowa
- ☐ Kansas
- ☐ Michigan
- ☐ Minnesota
- ☐ Missouri
- ☐ Nebraska
- ☐ North Dakota
- ☐ Ohio
- ☐ South Dakota
- ☐ Wisconsin

Richard Sim ©



Word search

Southwest states

Name: _____

S	L	I	F	D	I	G	A	V	A	I	I	G	F	J
A	R	I	Z	O	N	A	J	M	V	L	C	U	K	W
M	R	H	F	H	P	I	O	C	S	J	A	J	T	Y
J	R	G	N	N	U	H	J	T	E	X	A	S	N	O
F	N	H	J	I	A	B	C	B	O	V	I	R	S	V
P	E	Y	K	L	E	W	G	C	N	G	V	V	O	I
F	W	L	K	N	T	K	V	S	G	K	D	B	Y	H
I	M	O	T	U	H	D	K	F	J	O	A	B	L	Y
C	E	J	W	K	A	K	J	K	E	V	N	U	W	C
J	X	U	G	O	J	E	I	M	U	F	K	T	A	L
B	I	O	F	L	L	J	T	D	O	G	N	G	D	B
B	C	B	F	U	W	E	U	B	S	P	T	H	K	B
D	O	R	J	N	V	G	P	G	H	O	N	P	B	H
N	O	H	V	N	G	P	G	B	B	I	I	H	R	G
H	N	I	E	K	B	K	T	D	T	M	V	V	Y	B

Words go across, down and diagonally. Spaces are left out (NEW YORK → NEWYORK).

- ☐ Arizona
- ☐ New Mexico
- ☐ Oklahoma
- ☐ Texas

Richard Sim ©



Word search

West states

Name: _____

S	F	V	P	W	K	F	C	P	I	R	A	S	R	N
L	C	L	Y	Y	C	U	T	W	B	K	J	L	S	E
Y	W	I	P	O	A	T	I	Y	S	Y	C	J	K	V
V	F	T	A	M	L	A	P	A	S	I	O	K	W	A
I	M	O	J	I	I	H	L	R	V	W	L	N	L	D
L	O	I	V	N	F	A	L	N	L	F	O	Y	O	A
L	N	K	R	G	O	E	R	F	G	T	R	L	P	J
Y	T	C	W	N	R	I	F	U	G	T	A	R	W	N
J	A	U	S	V	N	I	D	N	A	G	D	F	T	O
U	N	V	F	H	I	W	I	A	F	V	O	Y	B	P
H	A	F	B	E	A	H	D	K	H	F	P	G	S	B
N	O	L	M	W	S	U	C	T	G	O	H	Y	L	A
L	M	I	H	A	W	A	I	I	N	D	Y	S	L	B
S	U	J	W	D	J	O	R	E	G	O	N	S	R	K
T	J	L	E	N	N	T	V	S	L	O	E	F	U	M

Words go across, down and diagonally. Spaces are left out (NEW YORK → NEWYORK).

- ☐ Alaska
- ☐ California
- ☐ Colorado
- ☐ Hawaii
- ☐ Idaho
- ☐ Montana
- ☐ Nevada
- ☐ Oregon
- ☐ Utah
- ☐ Washington
- ☐ Wyoming

Richard Sim ©



Word search

Capital cities

Name: _____

Y	M	H	T	J	U	N	E	A	U	C	N	V	H	D
M	A	R	L	S	L	E	W	J	F	Y	I	A	B	F
I	D	F	D	U	E	A	B	A	L	B	A	N	Y	B
O	I	G	S	A	L	E	M	M	R	J	A	U	A	L
J	S	E	P	S	I	E	C	E	S	T	J	Y	D	C
A	O	N	O	E	Y	S	V	M	N	T	F	W	Y	I
U	N	U	U	P	L	O	D	A	B	I	R	E	F	V
S	C	F	H	A	D	G	L	F	P	O	T	S	S	M
T	C	F	S	P	T	T	I	S	C	V	A	T	L	T
I	N	S	J	R	A	R	R	S	V	C	V	T	I	S
N	J	C	H	E	E	D	D	Y	P	O	B	P	N	V
B	W	U	A	V	L	P	H	O	E	N	I	X	C	H
O	H	L	N	T	U	P	H	B	U	U	C	U	O	B
W	N	E	N	T	H	E	L	E	N	A	C	C	L	G
B	D	U	F	B	O	S	T	O	N	C	C	A	N	L

Words go across, down and diagonally. Spaces are left out (NEW YORK → NEWYORK).

- ☐ Boston
- ☐ Atlanta
- ☐ Denver
- ☐ Austin
- ☐ Phoenix
- ☐ Salem
- ☐ Dover
- ☐ Albany
- ☐ Juneau
- ☐ Helena
- ☐ Madison
- ☐ Lincoln

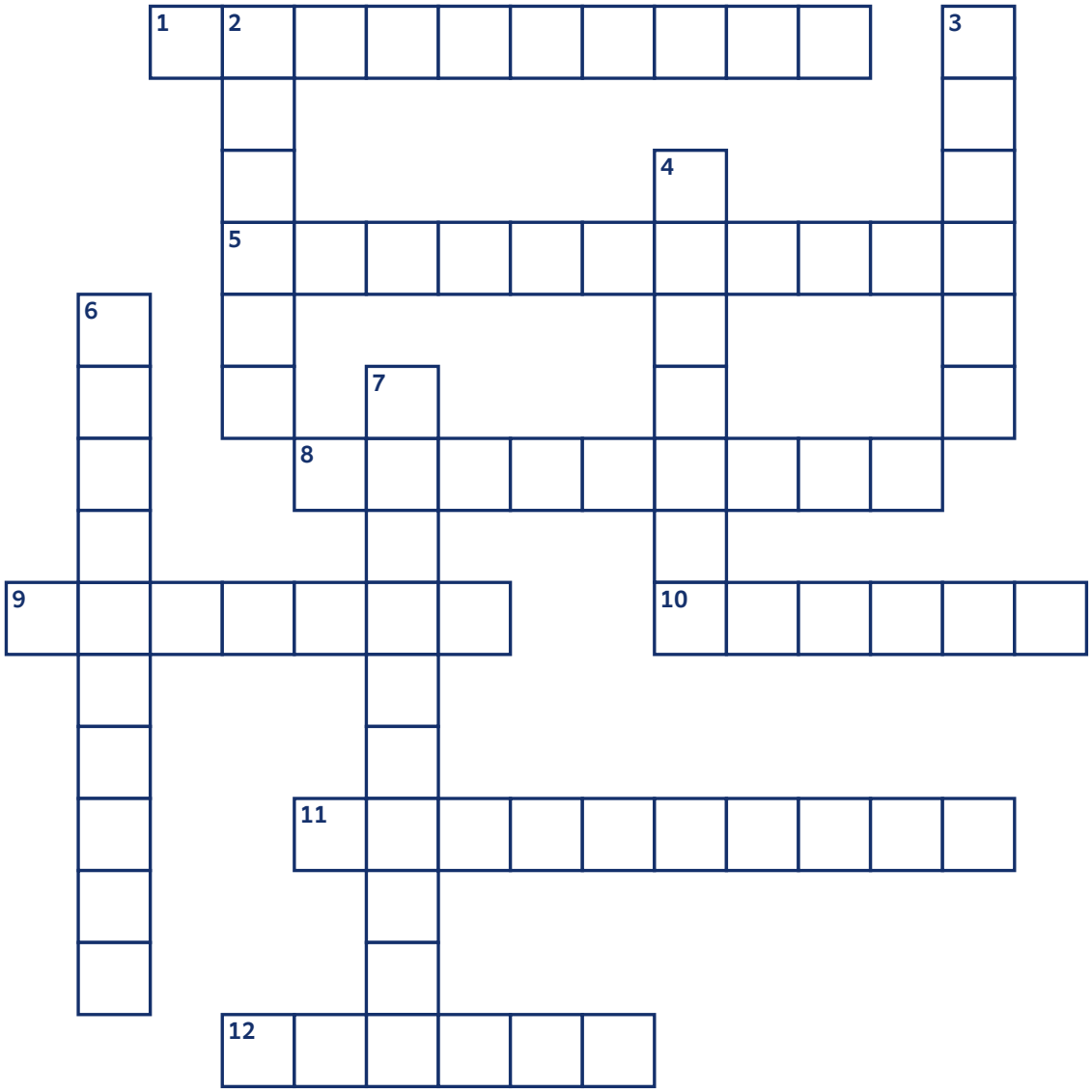
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Capitals crossword

Write the capital city.

Name: _____



ACROSS

1. Capital of Pennsylvania
5. Capital of Florida
8. Capital of Tennessee
9. Capital of Wisconsin
10. Capital of Montana
11. Capital of Alabama
12. Capital of South Dakota

DOWN

2. Capital of Texas
3. Capital of Kansas
4. Capital of North Carolina
6. Capital of California
7. Capital of Louisiana (2 words)

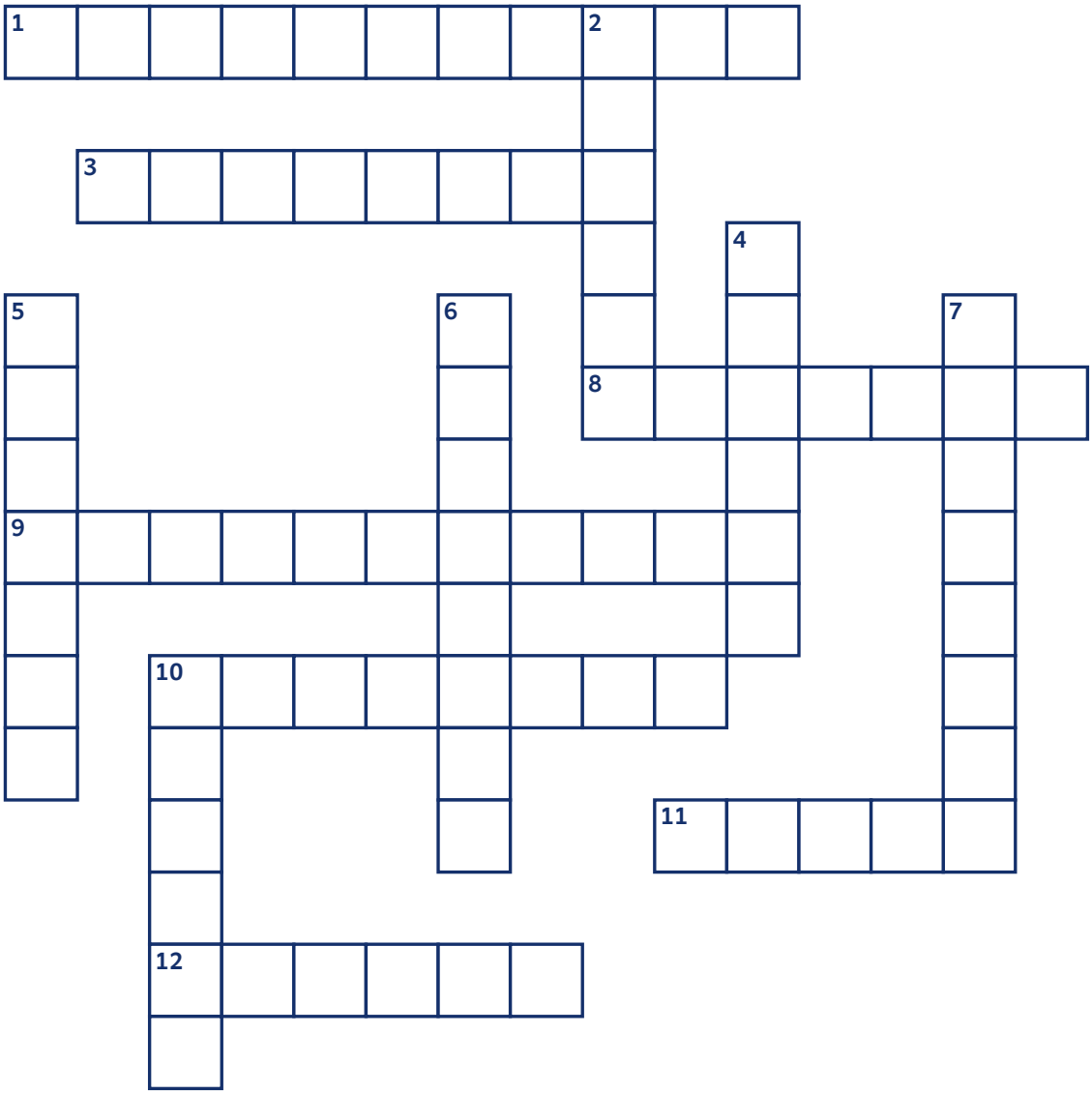
Richard Sim ©



Nicknames crossword

Which state has this nickname?

Name: _____



ACROSS

1. The Peace Garden State (2 words)
3. The First State
8. The Empire State (2 words)
9. The Magnolia State
10. The Bluegrass State
11. The Lone Star State
12. The Last Frontier

DOWN

2. The Beaver State
4. The Aloha State
5. The Green Mountain State
6. The Show-Me State
7. The Natural State
10. The Sunflower State

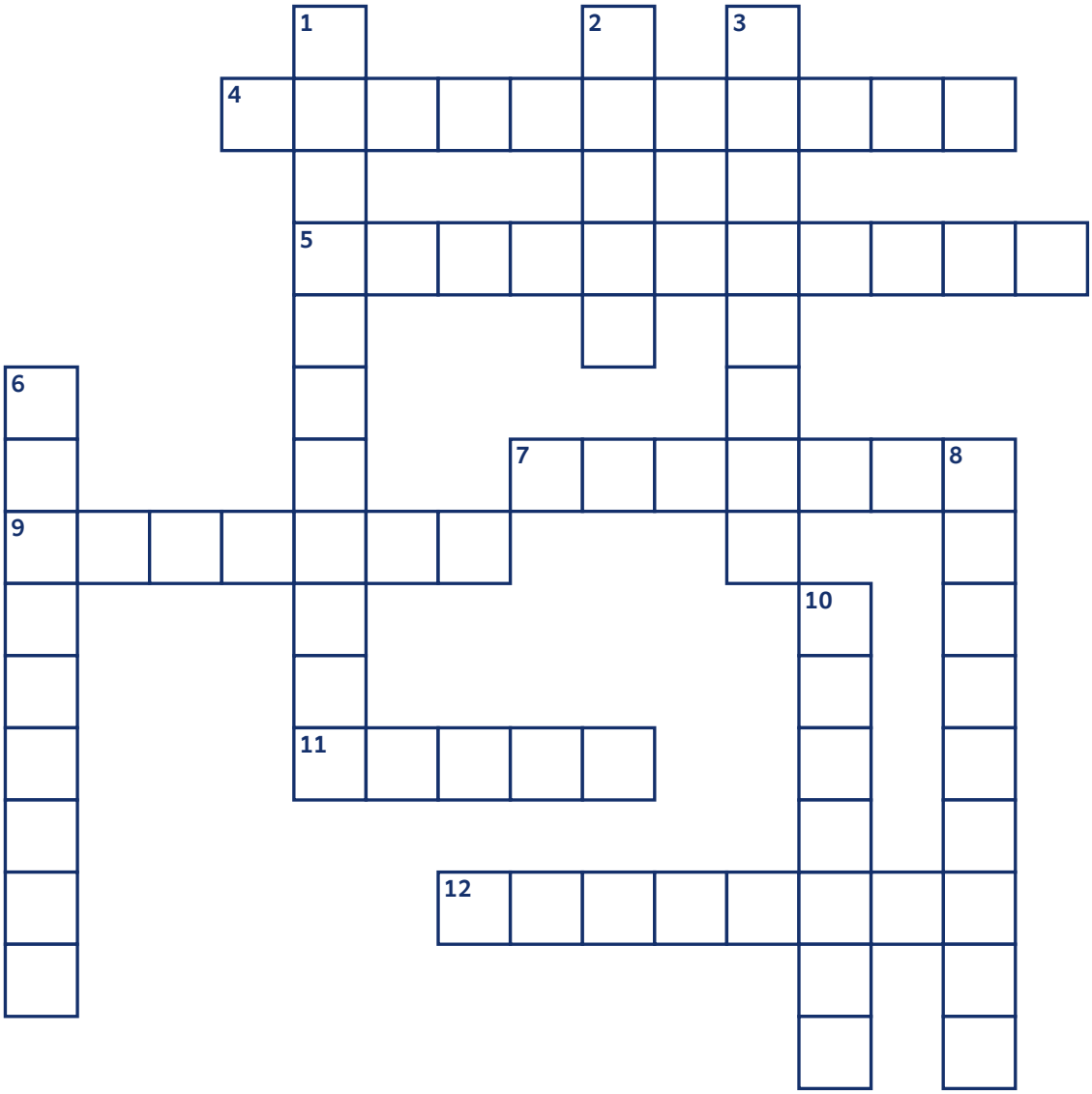
Richard Sim ©



Mystery states crossword

Read the clue. Which state is it?

Name: _____



ACROSS

4. Four presidents' faces are carved into one of my mountains. (2 words)

5. I grow more sunflowers than any other state. (2 words)

7. I make more maple syrup than any other state.

9. I have the fewest people of any state, and most of the world's first national park is in me.

11. I was once my own country, and I am the second-biggest state.

12. Abraham Lincoln lived in my capital city before he became president.

DOWN

1. The first submarine powered by nuclear energy was built in me.

2. I grow about one-third of all the potatoes in the United States.

3. My name comes from Choctaw words meaning 'red people,' and 39 tribal nations are based in me.

6. My capital is the oldest capital city in the United States. (2 words)

8. My capital is called 'Music City.'

10. The Statue of Liberty stands in my harbor. (2 words)

Flashcards

Cut on the solid lines, fold on the dashed line · cards 1–8



Alabama

Capital

★ Montgomery

AL · Southeast

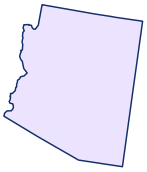


Alaska

Capital

★ Juneau

AK · West



Arizona

Capital

★ Phoenix

AZ · Southwest



Arkansas

Capital

★ Little Rock

AR · Southeast

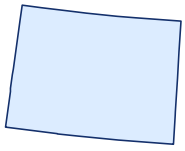


California

Capital

★ Sacramento

CA · West

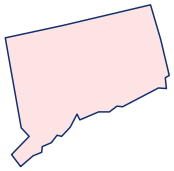


Colorado

Capital

★ Denver

CO · West

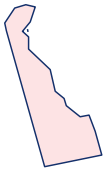


Connecticut

Capital

★ Hartford

CT · Northeast



Delaware

Capital

★ Dover

DE · Northeast

Richard Sim ©

Flashcards

Cut on the solid lines, fold on the dashed line · cards 9–16



Florida

Capital

★ Tallahassee

FL · Southeast



Georgia

Capital

★ Atlanta

GA · Southeast



Hawaii

Capital

★ Honolulu

HI · West



Idaho

Capital

★ Boise

ID · West



Illinois

Capital

★ Springfield

IL · Midwest

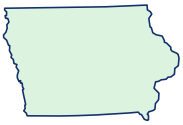


Indiana

Capital

★ Indianapolis

IN · Midwest



Iowa

Capital

★ Des Moines

IA · Midwest



Kansas

Capital

★ Topeka

KS · Midwest

Richard Sim ©

Flashcards

Cut on the solid lines, fold on the dashed line · cards 17–24



Kentucky

Capital

★ Frankfort

KY · Southeast



Louisiana

Capital

★ Baton Rouge

LA · Southeast



Maine

Capital

★ Augusta

ME · Northeast

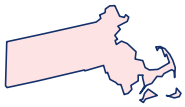


Maryland

Capital

★ Annapolis

MD · Northeast



Massachusetts

Capital

★ Boston

MA · Northeast

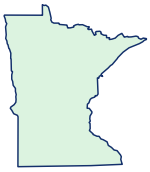


Michigan

Capital

★ Lansing

MI · Midwest

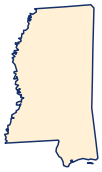


Minnesota

Capital

★ Saint Paul

MN · Midwest



Mississippi

Capital

★ Jackson

MS · Southeast

Richard Sim ©

Flashcards

Cut on the solid lines, fold on the dashed line · cards 25–32

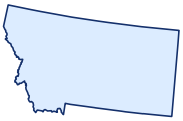


Missouri

Capital

★ Jefferson City

MO · Midwest

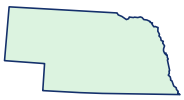


Montana

Capital

★ Helena

MT · West

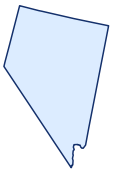


Nebraska

Capital

★ Lincoln

NE · Midwest

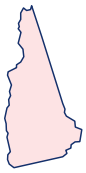


Nevada

Capital

★ Carson City

NV · West



New Hampshire

Capital

★ Concord

NH · Northeast

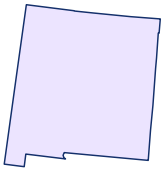


New Jersey

Capital

★ Trenton

NJ · Northeast

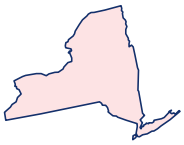


New Mexico

Capital

★ Santa Fe

NM · Southwest



New York

Capital

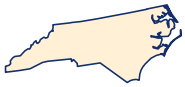
★ Albany

NY · Northeast

Richard Sim ©

Flashcards

Cut on the solid lines, fold on the dashed line · cards 33–40

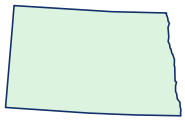


North Carolina

Capital

★ Raleigh

NC · Southeast



North Dakota

Capital

★ Bismarck

ND · Midwest



Ohio

Capital

★ Columbus

OH · Midwest

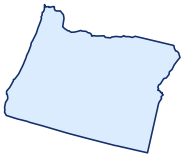


Oklahoma

Capital

★ Oklahoma City

OK · Southwest

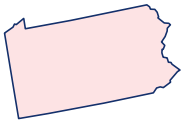


Oregon

Capital

★ Salem

OR · West

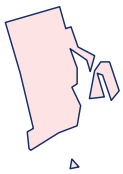


Pennsylvania

Capital

★ Harrisburg

PA · Northeast



Rhode Island

Capital

★ Providence

RI · Northeast



South Carolina

Capital

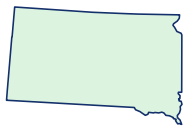
★ Columbia

SC · Southeast

Richard Sim ©

Flashcards

Cut on the solid lines, fold on the dashed line · cards 41–48

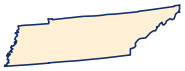


South Dakota

Capital

Pierre

SD · Midwest



Tennessee

Capital

Nashville

TN · Southeast

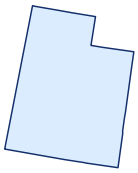


Texas

Capital

Austin

TX · Southwest

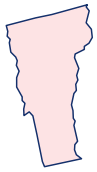


Utah

Capital

Salt Lake City

UT · West



Vermont

Capital

Montpelier

VT · Northeast

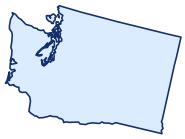


Virginia

Capital

Richmond

VA · Southeast



Washington

Capital

Olympia

WA · West



West Virginia

Capital

Charleston

WV · Southeast

Richard Sim ©

Flashcards

Cut on the solid lines, fold on the dashed line · cards 49–50

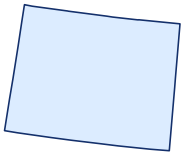


Wisconsin

Capital

★ Madison

WI · Midwest



Wyoming

Capital

★ Cheyenne

WY · West



States & Capitals Quiz

Part A and Part B

Name: _____

Part A · Write the capital of each state.

1. Hawaii _____
2. Nebraska _____
3. Vermont _____
4. Wisconsin _____
5. South Dakota _____
6. Maine _____
7. New Mexico _____
8. Indiana _____
9. Utah _____
10. North Carolina _____
11. Idaho _____
12. Virginia _____
13. North Dakota _____
14. Kansas _____
15. Alabama _____

Part B · Write the abbreviation.

16. Alaska _____
17. New York _____
18. Pennsylvania _____
19. Colorado _____
20. Texas _____
21. Oklahoma _____
22. Ohio _____
23. Florida _____
24. Washington _____
25. New Jersey _____

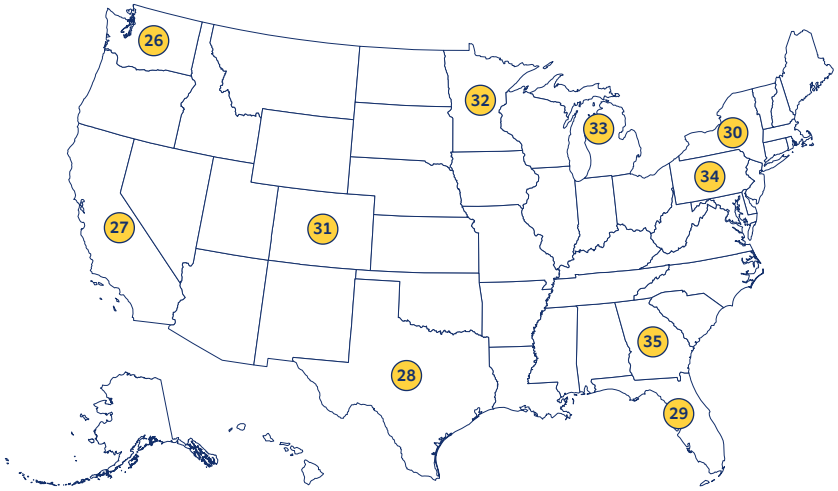
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States & Capitals Quiz

Part C and Part D

Name: _____

Part C · Write the name of each numbered state.



26. _____ 27. _____

28. _____ 29. _____

30. _____ 31. _____

32. _____ 33. _____

34. _____ 35. _____

Part D · Circle the region for each state.

36. **Arizona** Northeast Southeast Midwest Southwest West

37. **Ohio** Northeast Southeast Midwest Southwest West

38. **North Dakota** Northeast Southeast Midwest Southwest West

39. **Oklahoma** Northeast Southeast Midwest Southwest West

40. **Wyoming** Northeast Southeast Midwest Southwest West

41. **Nevada** Northeast Southeast Midwest Southwest West

42. **South Carolina** Northeast Southeast Midwest Southwest West

43. **Idaho** Northeast Southeast Midwest Southwest West

44. **New Jersey** Northeast Southeast Midwest Southwest West

45. **Alabama** Northeast Southeast Midwest Southwest West



States & Capitals Quiz

Part E and Part F

Name: _____

Part E · True or false? Circle T or F.

46. Rhode Island is the smallest state. **T F**

47. The capital of New York is New York City. **T F**

48. Alaska is the biggest state. **T F**

49. Delaware was the first state. **T F**

50. Hawaii was the first state to join the United States. **T F**

51. Texas is in the Southwest region. **T F**

52. The capital of California is Los Angeles. **T F**

53. Michigan touches four of the five Great Lakes. **T F**

Part F · Number these states 1 to 5 in the order they became states.

1 = first to join, 5 = last to join.

☐ Hawaii

☐ Delaware

☐ Texas

☐ Ohio

☐ California



My score: _____ / 59

Check your answers in the answer key, then color in your progress checklist!

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My progress checklist

Color a box when you know it!

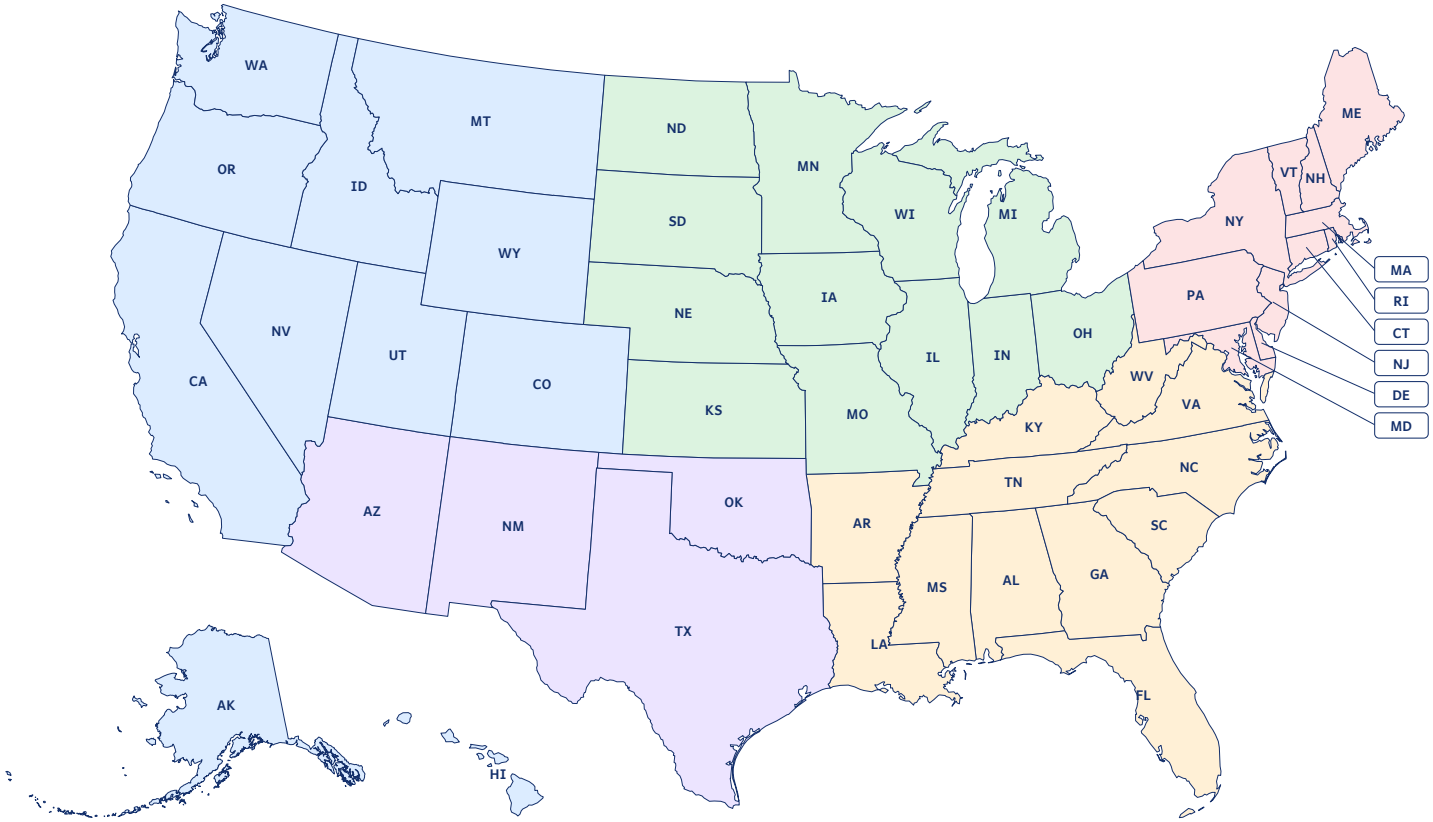
Name: _____

State	Studied	Capital	On map
AL Alabama			
AK Alaska			
AZ Arizona			
AR Arkansas			
CA California			
CO Colorado			
CT Connecticut			
DE Delaware			
FL Florida			
GA Georgia			
HI Hawaii			
ID Idaho			
IL Illinois			
IN Indiana			
IA Iowa			
KS Kansas			
KY Kentucky			
LA Louisiana			
ME Maine			
MD Maryland			
MA Massachusetts			
MI Michigan			
MN Minnesota			
MS Mississippi			
MO Missouri			

State	Studied	Capital	On map
MT Montana			
NE Nebraska			
NV Nevada			
NH New Hampshire			
NJ New Jersey			
NM New Mexico			
NY New York			
NC North Carolina			
ND North Dakota			
OH Ohio			
OK Oklahoma			
OR Oregon			
PA Pennsylvania			
RI Rhode Island			
SC South Carolina			
SD South Dakota			
TN Tennessee			
TX Texas			
UT Utah			
VT Vermont			
VA Virginia			
WA Washington			
WV West Virginia			
WI Wisconsin			
WY Wyoming			

Answer key

Study pages: use the State facts at a glance pages (4–5). Map: label the USA



Region maps

Northeast: 1. Maine – Augusta; 2. Vermont – Montpelier; 3. New Hampshire – Concord; 4. New York – Albany; 5. Massachusetts – Boston; 6. Rhode Island – Providence; 7. Connecticut – Hartford; 8. Pennsylvania – Harrisburg; 9. New Jersey – Trenton; 10. Delaware – Dover; 11. Maryland – Annapolis

Southeast: 1. West Virginia – Charleston; 2. Virginia – Richmond; 3. Kentucky – Frankfort; 4. North Carolina – Raleigh; 5. Tennessee – Nashville; 6. Arkansas – Little Rock; 7. South Carolina – Columbia; 8. Georgia – Atlanta; 9. Alabama – Montgomery; 10. Mississippi – Jackson; 11. Louisiana – Baton Rouge; 12. Florida – Tallahassee

Midwest: 1. North Dakota – Bismarck; 2. Minnesota – Saint Paul; 3. Wisconsin – Madison; 4. Michigan – Lansing; 5. South Dakota – Pierre; 6. Iowa – Des Moines; 7. Nebraska – Lincoln; 8. Ohio – Columbus; 9. Indiana – Indianapolis; 10. Illinois – Springfield; 11. Kansas – Topeka; 12. Missouri – Jefferson City

Southwest: 1. Oklahoma – Oklahoma City; 2. Arizona – Phoenix; 3. New Mexico – Santa Fe; 4. Texas – Austin

West: 1. Washington – Olympia; 2. Montana – Helena; 3. Oregon – Salem; 4. Idaho – Boise; 5. Wyoming – Cheyenne; 6. Nevada – Carson City; 7. Utah – Salt Lake City; 8. California – Sacramento; 9. Colorado – Denver; 10. Alaska – Juneau; 11. Hawaii – Honolulu



Answer key

Word searches 1–3

Northeast states

E	I	I	M	R	H	O	D	E	I	S	L	A	N	D
T	M	F	U	C	H	P	N	A	F	R	K	R	V	O
W	V	H	N	E	W	J	E	R	S	E	Y	H	K	P
W	P	H	Y	N	K	S	W	U	V	I	V	H	B	C
R	M	A	S	S	A	C	H	U	S	E	T	T	S	V
L	N	F	R	G	J	J	A	Y	J	S	L	F	Y	Y
O	E	U	C	D	U	R	M	T	M	F	E	I	N	G
T	W	B	P	W	M	Y	P	V	L	M	R	F	S	B
R	Y	C	P	E	N	N	S	Y	L	V	A	N	I	A
I	O	M	V	D	I	C	H	E	U	W	W	Y	C	O
H	R	A	M	N	M	F	I	K	O	E	U	P	G	D
N	K	I	U	S	V	E	R	M	O	N	T	N	D	W
J	I	N	C	O	N	N	E	C	T	I	C	U	T	H
M	S	E	A	G	R	D	E	L	A	W	A	R	E	O
T	A	A	V	U	M	A	R	Y	L	A	N	D	H	I

Southeast states

M	I	S	S	I	S	S	I	P	P	I	J	S	O	A
L	N	O	R	T	H	C	A	R	O	L	I	N	A	B
G	K	S	W	F	L	O	R	I	D	A	M	T	O	G
W	E	J	P	E	V	E	P	Y	S	Y	J	C	I	K
J	N	O	K	A	S	V	V	J	V	V	M	R	C	R
V	T	G	R	M	R	T	U	I	R	E	R	V	C	J
B	U	H	A	G	O	K	V	S	R	H	R	I	B	D
D	C	W	M	L	I	L	A	I	G	G	K	L	C	K
O	K	L	F	P	A	A	O	N	R	J	I	O	E	Y
O	Y	V	G	I	K	B	F	D	S	G	H	N	P	G
W	L	F	L	E	E	H	A	I	S	A	I	V	I	M
M	K	I	U	R	T	Y	K	M	M	Y	S	N	Y	A
V	Y	J	L	O	U	I	S	I	A	N	A	S	I	U
S	O	U	T	H	C	A	R	O	L	I	N	A	V	A
W	C	L	J	T	E	N	N	E	S	S	E	E	M	P

Midwest states

M	K	H	N	M	E	A	K	L	S	W	I	D	O	Y
I	A	D	W	I	M	R	M	N	W	I	D	K	T	S
S	N	D	T	N	I	Y	A	E	P	S	E	H	M	B
S	S	R	C	N	C	T	D	B	W	C	S	M	F	A
O	A	K	D	E	H	A	D	R	W	O	O	P	Y	J
U	S	T	J	S	I	I	C	A	B	N	U	I	T	R
R	R	Y	H	O	G	O	D	S	S	S	T	L	D	S
I	B	S	K	T	A	W	T	K	F	I	H	L	C	H
F	V	H	O	A	N	A	U	A	Y	N	D	I	M	I
N	O	R	T	H	D	A	K	O	T	A	A	N	L	U
M	L	S	N	C	M	R	H	N	F	N	K	O	Y	T
T	W	R	W	P	E	V	M	E	F	D	O	I	P	P
Y	R	O	T	F	E	O	H	I	O	I	T	S	G	E
I	N	D	I	A	N	A	T	R	K	H	A	Y	S	J
W	Y	N	U	T	T	I	G	J	A	I	P	M	G	F

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Answer key

Word searches 4–6

Southwest states

S	L	I	F	D	I	G	A	V	A	I	I	G	F	J
A	R	I	Z	O	N	A	J	M	V	L	C	U	K	W
M	R	H	F	H	P	I	O	C	S	J	A	J	T	Y
J	R	G	N	N	U	H	J	T	E	X	A	S	N	O
F	N	H	J	I	A	B	C	B	O	V	I	R	S	V
P	E	Y	K	L	E	W	G	C	N	G	V	V	O	I
F	W	L	K	N	T	K	V	S	G	K	D	B	Y	H
I	M	O	T	U	H	D	K	F	J	O	A	B	L	Y
C	E	J	W	K	A	K	J	K	E	V	N	U	W	C
J	X	U	G	O	J	E	I	M	U	F	K	T	A	L
B	I	O	F	L	L	J	T	D	O	G	N	G	D	B
B	C	B	F	U	W	E	U	B	S	P	T	H	K	B
D	O	R	J	N	V	G	P	G	H	O	N	P	B	H
N	O	H	V	N	G	P	G	B	B	I	I	H	R	G
H	N	I	E	K	B	K	T	D	T	M	V	V	Y	B

West states

S	F	V	P	W	K	F	C	P	I	R	A	S	R	N
L	C	L	Y	Y	C	U	T	W	B	K	J	L	S	E
Y	W	I	P	O	A	T	I	Y	S	Y	C	J	K	V
V	F	T	A	M	L	A	P	A	S	I	O	K	W	A
I	M	O	J	I	I	H	L	R	V	W	L	N	L	D
L	O	I	V	N	F	A	L	N	L	F	O	Y	O	A
L	N	K	R	G	O	E	R	F	G	T	R	L	P	J
Y	T	C	W	N	R	I	F	U	G	T	A	R	W	N
J	A	U	S	V	N	I	D	N	A	G	D	F	T	O
U	N	V	F	H	I	W	I	A	F	V	O	Y	B	P
H	A	F	B	E	A	H	D	K	H	F	P	G	S	B
N	O	L	M	W	S	U	C	T	G	O	H	Y	L	A
L	M	I	H	A	W	A	I	I	N	D	Y	S	L	B
S	U	J	W	D	J	O	R	E	G	O	N	S	R	K
T	J	L	E	N	N	T	V	S	L	O	E	F	U	M

Capital cities

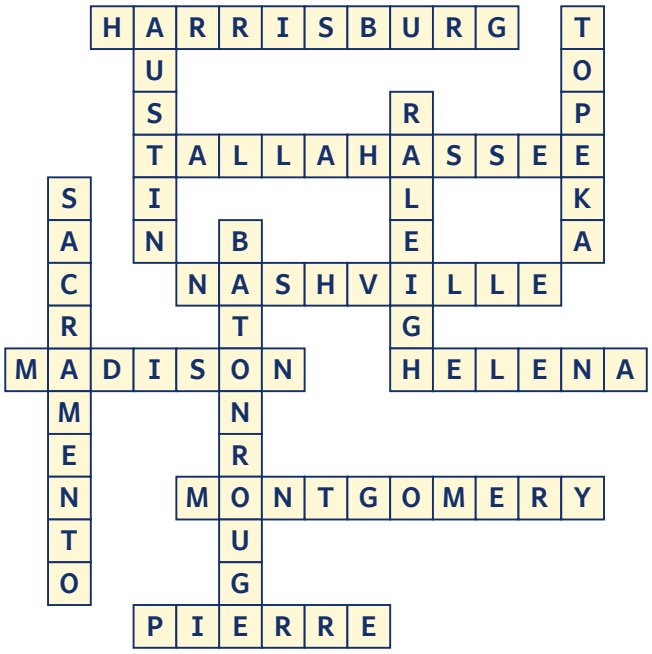
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M	A	R	L	S	L	E	W	J	F	Y	I	A	B	F
I	D	F	D	U	E	A	B	A	L	B	A	N	Y	B
O	I	G	S	A	L	E	M	M	R	J	A	U	A	L
J	S	E	P	S	I	E	C	E	S	T	J	Y	D	C
A	O	N	O	E	Y	S	V	M	N	T	F	W	Y	I
U	N	U	U	P	L	O	D	A	B	I	R	E	F	V
S	C	F	H	A	D	G	L	F	P	O	T	S	S	M
T	C	F	S	P	T	T	I	S	C	V	A	T	L	T
I	N	S	J	R	A	R	R	S	V	C	V	T	I	S
N	J	C	H	E	E	D	D	Y	P	O	B	P	N	V
B	W	U	A	V	L	P	H	O	E	N	I	X	C	H
O	H	L	N	T	U	P	H	B	U	U	C	U	O	B
W	N	E	N	T	H	E	L	E	N	A	C	C	L	G
B	D	U	F	B	O	S	T	O	N	C	C	A	N	L



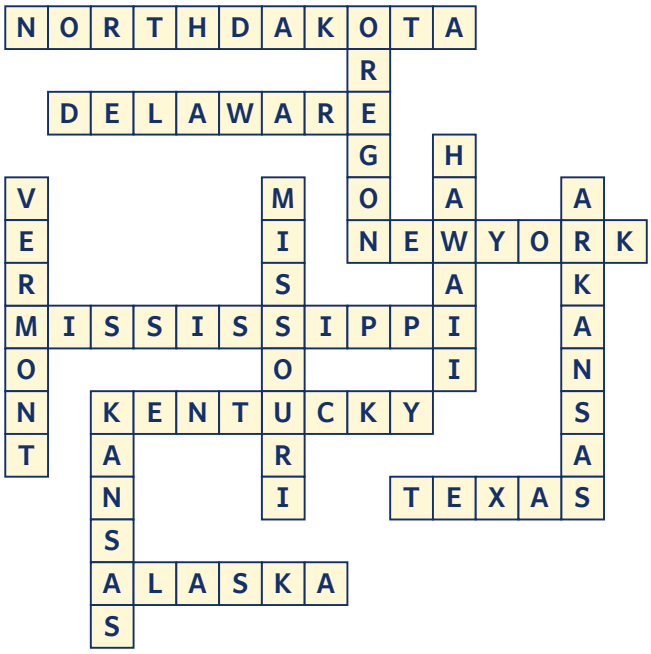
Answer key

Crosswords

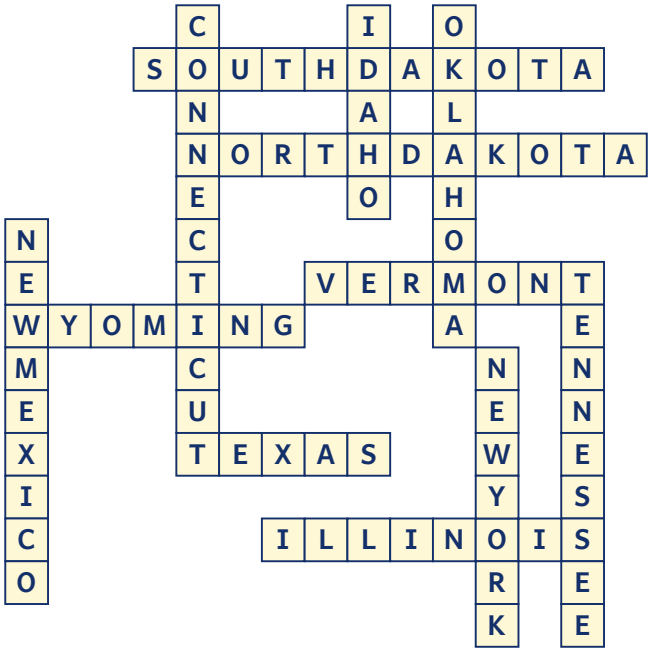
Capitals crossword



Nicknames crossword



Mystery states crossword



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Answer key

States & Capitals Quiz

Part A

1. Honolulu
2. Lincoln
3. Montpelier
4. Madison
5. Pierre
6. Augusta
7. Santa Fe
8. Indianapolis
9. Salt Lake City
10. Raleigh
11. Boise
12. Richmond
13. Bismarck
14. Topeka
15. Montgomery

Part B

16. AK
17. NY
18. PA
19. CO
20. TX
21. OK
22. OH
23. FL
24. WA
25. NJ

Part C

26. Washington
27. California
28. Texas
29. Florida
30. New York
31. Colorado
32. Minnesota
33. Michigan
34. Pennsylvania
35. Georgia

Part D

36. Southwest
37. Midwest
38. Midwest
39. Southwest
40. West
41. West
42. Southeast
43. West
44. Northeast
45. Southeast

Part E

46. T
47. F
48. T
49. T
50. F
51. T
52. F
53. T

Part F

Hawaii = 5, Delaware = 1, Texas = 3, Ohio = 2, California = 4 (Delaware 1787, Ohio 1803, Texas 1845, California 1850, Hawaii 1959)

Capitals matching

Use the State facts at a glance pages (4–5) to check each line.

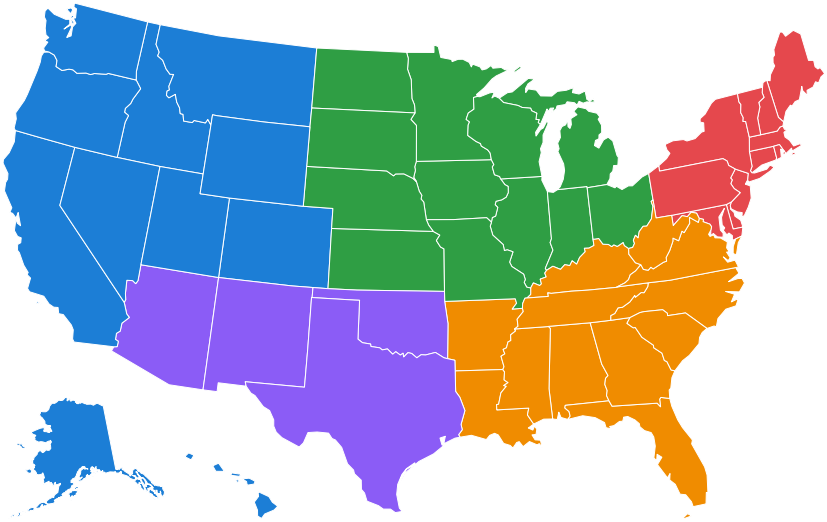
★ ★ ★ ★ ★

Certificate of Achievement

This certificate is proudly presented to

_____

for learning the **50 states and capitals** of the United States of America!





Signed _____ Date _____

States Calling · Richard Sim ©